

SimpleCare application form: Individuals and families (FMU)

For company use – intermediary details and stamp							
Intermediary company:	Fax number:						
	Email address:						
Contact name:	Official stamp:						
Telephone number:							
Please complete this form in BLOCK CAPITALS or apply online at www.now-health.com. A deliberate or reckless misrepresentation by You may lead to Us voiding Your Plan with loss of premium. Where You make a careless misrepresentation We may void Your Plan or decline or reduce related claim payments. A misrepresentation is an untrue statement of fact relied on by one party, in this case Us, in establishing the terms of a contract (Your Plan). You should ensure that You complete Your application carefully, accurately and fairly. If You are unsure on any matter You should contact Us. Please keep a record of all information You supply to Us in connection with this application. Please enclose any medical reports or test results with Your application if they are available. We may ask You to complete a further medical questionnaire if We need more information. All the information You provide will be treated in strict confidence. We rely on the information that You provide in this form (i.e. Your representations) to decide whether or not to accept Your application, and whether or not We need to apply special terms. Special terms are exclusions or conditions that We may apply to Your cover. If You submit a claim for the Treatment of any existing condition which You did not tell Us about here or did not tell Us everything about, We may refuse to pay that claim. We also have the right to void Your Plan, or We may impose special terms on Your Plan which We will apply retrospectively. Please take the greatest care to ensure that this application form is completed fully and accurately. If, after completing Your application form and before the latest of either Our written acceptance, payment of premium or Your Start Date/Entry Date, anything occurs which affects the information You provided in this form, such as a change in Your state of health or the state of health of any of Your Dependants, You must tell Us in writing about the change. We reserve the right to decline or accept Your application or to accept Your applica							
Section 1: Name of Planholder							
First name(s):	Family name:						
What do You like to be called?							
(If Your full name is John Andrew Smith, You might like to be called John or Mr Smith or Andy. We will ac	ldress all correspondence to You in this way.)						
Section 2: Planholder details							
Address:							
Email address:							
Preferred telephone number (including country code):							
Is this Your Mobile O Home O Work O	If You would like SMS notifications, please tell us Your mobile number:						
Gender: Male () Female ()	Date of birth (dd/mm/yyyy): / /						
Country of Residence:	Nationality:						
Height (cm/ft):	Weight (kg/lbs):						
Occupation:	Occupation industry:						
Are You or any intended member of this policy, or any family member or clo (If yes please provide further details)	se associate a politically exposed person? Yes No						

Section 3: Spouse and Dep	oendant de	etails						
Spouse details								
First name(s):				Family name:				
What does he/she like to be called?								
Gender: Male C Femal	e 🔾			Date of birth (dd,	/mm/yyyy):	/	/	
Country of Residence:				Nationality:				
Height (cm/ft):				Weight (kg/lbs):				
Occupation: Occupation industry:								
Are You or any intended member of this policy, or any family member or close associate a politically exposed person? Yes No (If yes please provide further details)								
Dependant details	Deper	ndant 1	Dep	endant 2	Depe	ndant 3	Depe	ndant 4
First name(s):								
Family name:								
What do they like to be called?								
Gender:	Male 🔾	Female (Male 🔾	Female 🔾	Male 🔾	Female 🔾	Male 🔾	Female 🔾
Date of birth (dd/mm/yyyy):	/	/	/	/	/	/	/	/
Country of Residence:								
Nationality:								
Height (cm/ft):								
Weight (kg/lbs):								
Relationship to Planholder :								
Occupation (ages 16+):								
Section 4: Start Date								
Date on which You wish Your Now H	Health Internati	ional Plan to sta	ırt (dd/mm/yy	yy):	/	/		
Cover cannot start until You have accepted all of Our terms and conditions following Our receipt of this application form and We have received the correct premium. You can apply for cover to start at a future date within 60 days of completion of this application form.								
Section 5: Our environmental policy – Your document delivery settings								
You can use Your secure online portfolio to view and download Your Plan documents, including Your Certificate of Insurance								
You can use Your secure online portfolio to download Your virtual membership card.								
Add Your membership card to Your smartphone wallet								

Section 6: Plan options

For detailed information about the Plan choices available, please refer to SimpleCare Benefit Schedule. Please indicate Your Plan choice, Geographical Area of Cover options, Deductible, and any Out-Patient options.

6.1 Choice of Plan

Benefit	SimpleCare CORE	SimpleCare 100	SimpleCare 250	
Annual Maximum Plan Limit	USD 1,000,000/ EUR 800,000/ GBP 625,000	USD 1,500,000/ EUR 1,200,000/ GBP 937,500	USD 1,500,000/ EUR 1,200,000/ GBP 937,500	
Geographical Area of Cover Default				
Area of Cover: Africa, Indian sub-continent, Jordan, Lebanon and the Philippines (residents of Africa)	0	0	0	
Area of Cover: South East Asia (excluding Singapore) (residents of South East Asia (excluding Singapore))	0	0	0	
Area of Cover: Europe (residents of Europe)	0	0	0	
Area of Cover: Worldwide excluding USA (residents in the rest of the world)	0	0	0	
In-Patient and Day-Patient care	•	•	•	
Day-Patient or Out-Patient surgery	•	•	>	
Cancer Treatment	•	•	•	
Organ Transplant			•	
Congenital cover			>	
Rehabilitation			>	
Evacuation and Repatriation	•	•	>	
Out-Patient fees				
Dental Treatment	•	•		
Please Choose	0	0	0	
	► Full r	efund Not cover	ed Limited cove	
Choice of currency	USD (EUR (GBP 🔾	

6.2 Geographical Area of Cover Options	CORE	100	250		CORE	100	250
Regional Cover#:				Regional Cover#:			
Africa, Europe, Indian sub-continent, Jordan,Lebanon and the Philippines (residents of Africa)	0	0	0	Worldwide excluding USA (residents of Africa)	0	0	0
Europe (excluding United Kingdom, Germany and Switzerland) (residents of Europe)	0	0	0	Worldwide excluding USA (residents of Europe)	0	0	0
South Asia (residents of South Asia)	0	0	0	Worldwide excluding USA (residents of South			
Pacific Islands (residents of Pacific Islands)	0	0	0	East Asia)		0	

6.3 Plan Deductible*	SimpleCare CORE	SimpleCare 100	SimpleCare 250
Standard Deductible	USD 500/ EUR 400/GBP 310	USD 500/ EUR 400/GBP 310	USD 500/ EUR 400/GBP 310
Optional Deductible			
Nil	0	0	0
USD 150/EUR 120/GBP 95	0	0	0
USD 250/EUR 200/GBP 155	0	0	0
USD 1,000/EUR 800/GBP 625	0	0	0
USD 2,500/EUR 2,000/GBP 1,550	0	0	0
USD 5,000/EUR 4,000/GBP 3,125	0	0	0
USD 10,000/EUR 8,000/GBP 6,250	0	0	0
USD 15,000/EUR 12,000/GBP 9,375	0	0	0

We provide regional cover according to Your Country of Residence.

Worldwide excluding USA is applicable to residents of Africa, Europe and South East Asia where a default Regional Cover applies. By selecting this option, Your area of cover will change to Worldwide excluding USA.

6.4 Out-Patient options**	SimpleCare CORE	SimpleCare 100	SimpleCare 250
USD 25/EUR 20/GBP 15 Out-Patient Per Visit Excess	N/A	0	0
20% Co-Insurance Out-Patient Treatment	N/A	0	0

If **You** would like to change from the Standard **Deductible** to one of the other options, please tick the appropriate box. Please note that the **Plan Deductible** applies to **In-Patient** and **Day-Patient Treatment** is per **Insured Person**, per **Period of Cover**.

USD 10,000/EUR 8,000/GBP 6,250 or USD 15,000/EUR 12,000/GBP 9,375 **Deductible** is only available if **You** are covered by more than one health insurance policy. **You** can only select such **Deductible** options if **You** buy this **Plan** as a **Secondary Health Insurance Plan**.

Section 7: Method and frequency of premium payment

Please note that if the payment **You** are to make now is based on an indicative quote the amount due may change once **We** have reviewed this application. **You** will need to both agree and pay the revised premium before cover can start. Please select the frequency and payment type **You** would like to pay **Your** premiums in. Please note that quarterly premiums have a 3% surcharge and monthly premiums have a 5% surcharge.

	Annually	Semi-annually	Quarterly	Monthly
Credit card	0	0	0	0
Bank transfer	0	N/A	N/A	N/A

Credit card: We accept Visa, MasterCard and American Express. We will contact you to take the required payment. Your card issuer may charge an additional conversion or transaction fee to process this payment.

Bank transfer: Please make sure You tell Us Your family name in the transfer details and send it to the bank account below:

	USD account	EUR account	GBP account
Bank	Citibank N.A.	Citibank N.A.	Citibank N.A.
Bank account name	Now Health International Limited	Now Health International Limited	Now Health International Limited
Address	Oud Metha Road, Al Wasl Branch, Dubai, UAE	Oud Metha Road, Al Wasl Branch, Dubai, UAE	Oud Metha Road, Al Wasl Branch, Dubai, UAE
Sort code	N/A	N/A	N/A
Swift code	CITIAEAD	CITIAEAD	CITIAEAD
IBAN no.	AE500211000000100708264	AE280211000000100708272	AE940211000000100708248

For USD bank account

Correspondent Bank: "Citibank N.A., New York, USA. SWIFT: CITIUS33"

For GBP & EUR bank account

Correspondent Bank: "Citibank London N.A. SWIFT: CITIGB2L"

Section 8: Claim reimbursement	Section 8: Claim reimbursement					
Bank transfer - Please complete all details						
Account/payee name:		Payment currency:				
Name of bank:						
Bank code:	Branch code:					
Branch address & country:						
Bank account currency:	IBAN no:					
Account no:	Routing code:					
Local banking code:	Swift code:					
Any other relevant information:						

^{**} Please note that **Out-Patient** Options can only be taken if **You** select a **Deductible** option of USD 500/EUR 400/GBP 310 or lower.

Section 9: Insurance details		
9.1 Do You currently have health insurance with another company?	Yes 🔾	No 🔾
If yes, please give details:		
9.2 Do You intend to continue with the existing insurance?	Yes 🔾	No 🔾
9.3 Do You intend to buy this Plan as a Secondary Health Insurance Plan?	Yes 🔾	No 🔾
If You buy this Plan as a Secondary Health Insurance Plan, You must provide a copy of the Certificate of Insurance of Your Prim Insurance policy. If You have more than one health insurance policy, this Plan will be the health insurance policy that pays last.	ary Health	
9.4 Have You been insured previously with Now Health International?	Yes 🔾	No 🔾
If yes, please give dates of when insured and previous policy number:		
9.5 Have You ever had an application for Medical Insurance declined or had special terms imposed?	Yes 🔾	No 🔾
If yes, please give details:		

Section 10: Health declaration

If **You** have more than five **Dependants**, please use a separate sheet of paper and attach it to this application. **You** do not need to disclose matters related to common colds, **Vaccinations** or hayfever.

		Planholder	Dependant (Spouse)	Dependant 1	Dependant 2	Dependant 3	Dependant 4
10.1	Have You in the last five years ever undergone any Surgical Procedure , been a patient or been treated in a Hospital , clinic, sanatorium, nursing home or other medical institution where You were off work for more than one week, and/or received more than 10 days Treatment ?	Yes () No ()					
10.2	Are You currently taking any kind of medication (other than oral contraceptives), or is any Treatment or tests currently being performed or planned, or any day or In-Patient hospitalisation scheduled?	Yes O No O	Yes () No ()	Yes O No O	Yes () No ()	Yes O No O	Yes O No O
Have '	You ever received Treatment, tests or investigations for, been diag	nosed with, or	been hospitali	sed or had sigr	ns or symptom	s of for:	
10.3	Asthma, bronchitis, tuberculosis, pneumonia or any other respiratory conditions?	Yes O	Yes () No ()	Yes O	Yes () No ()	Yes O	Yes O
10.4	Anxiety, depression, psychological, psychiatric, mental condition, drug or alcohol addiction or abuse?	Yes O No O	Yes () No ()	Yes O No O	Yes () No ()	Yes () No ()	Yes O No O
10.5	Blood disorders, anaemia, haemophilia, thalassemia or other abnormal blood tests? Have You ever been tested positive for HIV, Hepatitis B or C?	Yes O No O	Yes () No ()				
10.6	Cancer, cyst, polyp, or any abnormal growth whether cancerous or benign?	Yes O					
10.7	Digestive disorder including stomach, colon, rectum, hernia or any other bowel problems?	Yes () No ()	Yes O	Yes () No ()	Yes O	Yes () No ()	Yes () No ()
10.8	Disorders of the kidneys, spleen, liver, pancreas, bladder, prostate, renal or recurrent urinary conditions?	Yes O					
10.9	Diabetes, thyroid disorders or weight management problems?	Yes O					
10.10	Epilepsy, multiple sclerosis or other neurological conditions?	Yes O	Yes O No O	Yes ○ No ○	Yes O No O	Yes ○ No ○	Yes O No O
10.11	High blood pressure, heart or circulatory conditions, stroke or higher than normal cholesterol level?	Yes O No O					
10.12	Knee, back or skin disorders, rheumatism, gout, arthritis or disease of the bone, spine, joint, muscle?	Yes O	Yes O No O	Yes O	Yes O No O	Yes O	Yes O
10.13	Any type of disease, physical impairment, congenital or hereditary disorder, disability, recurrent illness, major injury or Medical Condition not already noted above?	Yes O	Yes O	Yes () No ()	Yes O	Yes O	Yes () No ()
10.14	Have You ever suffered from any breast or gynaecological disorders?	Yes O No O N/A O					

Additional information

If **You** answered 'Yes' to any of questions 10.1 to 10.14, please provide details in the box below.

Please provide as much detail as possible, including the date and nature of diagnosis, frequency and severity of symptoms, date of last episode as well as details of any past, current or known future **Treatment**.

Member name	Diagnosis (If none made please describe the exact nature of symptoms suffered)	Date of consultation	Treatment received	Date of last treatment/ symptoms	Any underlying cause	Specific location on body including left or right	Outcome (e.g. on-going complete recovery, likely to recur) or for smears, frequency (annually, 6-monthly)

Section 11: Doctor's contact details

○ I consent

O I do not consent

Please give details of **Your** current usual doctor or the one who is most familiar with **Your** medical history.

Trease give details of Tool earrein assat doctor of the one who is most familia	di Widii 1001 illedicat illistory.	
Medical Practitioner's details		
Name:	Telephone number:	
Address:		
Date of last attendance and reason:		
Section 12: Important notes		
Quotations are valid for 30 days subject to the above details remaining the same conditions and exclusions.	e and are issued in accordance with Now Health International Plan terms,	
The premiums quoted have been calculated based on each person's age at the date of the quotation. Premiums may be subject to change if the age of any person increases prior to the actual Start Date of Your Now Health International Plan . Cover cannot start until You have accepted all of Our terms and conditions following Our receipt of this application form and We have received the correct premium.		
The premiums quoted have been based on Your Body Mass Index b	peing within normal limits.	
Data protection		
	is required of any third parties to whom the administration of Your Plan may be	
Now Health International may contact You with details of Our other products at telephone or email if appropriate. If You do not wish Us to do this please tick thi		
You have a right of access to, and correction of, information that We hold about You. Please contact Us if You would like to exercise either of these rights. Some of the information We collect about You may be classified as "sensitive" – that is information about racial or ethnic origin and physical or mental health. Data protection laws impose specific conditions in relation to sensitive information, including, in some circumstances, the need to obtain Your explicit consent before We process the information.		
Important note: We regard the rights above as best practice but the legal re Us for additional information regarding regulations in Your jurisdiction.	equirements may differ in the country in which You reside. Please contact	
By signing this Application Form You consent to the processing and transfer of ir Without this consent We will not be able to consider Your application.	nformation (including sensitive information) described in this notice.	
By electing to participate in the Plan via online or other acceptance procedure described herein. You also consent to the collection, processing and use of Pe Now Health group companies as well as the transfer of Personal Data to the tunder the terms of this Plan. These third parties may be located in countries w Data Protection Laws.	ersonal Data (as defined under the applicable data protection law) by the third parties mentioned herein for the purpose of providing the services set out	
A parent or guardian should complete the consent for any member that is uncoheck the "I consent" box below which confirms that you have the prior and to submit this application on their behalf.	der the age of eighteen (18). If you accept the above, please sign, date and express consent of all persons to be covered pursuant to this application form,	
○ I consent ○ I do not consent		
Now Health International may contact You with details of other products and telephone or email if appropriate.	services which may be of interest to You . You may be contacted by post,	

Section 13: Declaration and authorisation

I hereby apply for cover on behalf of all the persons named in this application form for a Now Health International Plan as specified above.

I have received and read the **Benefit Schedule**, Terms and Conditions, Definitions, **Benefits** and exclusions of this **Plan**. I understand that the Application Form, **Certificate of Insurance**, **Benefit Schedule** and the Members' Handbook incorporating the **Plan** terms and conditions make up the contract between **Us** and all form part of the **Plan** Agreement. I am aware that cover shall be provided in accordance with the Agreement.

- I declare that the information given in this application is true and that disclosure in respect of each person included in this application is complete, even if some of the information provided is not in my own handwriting. I understand it is unlawful for me or my **Dependants** to knowingly provide false, incomplete or misleading facts or information to Now Health International for the purpose of defrauding or attempting to defraud Now Health International. Penalties may include imprisonment, fines, denial of coverage, loss of premium, loss of **Benefits** and legal damages.
- I understand that I must notify Now Health International Limited of any changes in the facts contained in this application form, such as a change in the state of health of any person named in it, before the latest of either written acceptance, payment of premium or the **Start Date/Entry Date**.
- For the purpose of this application I authorise any doctor who has ever treated or advised any of the persons named in this application to provide Now Health International with any information they may require in connection with **Treatment** related to any claim under this **Plan**. I have discussed the terms of this authorisation with my partner and competent adult **Dependants**, and I have obtained their consent to the release of their healthcare information pursuant to this authorisation.
- I declare that I have read the following from the members' handbook:
 - cancellation and termination rights
 - complaints procedures
 - law and jurisdiction of the Plan
 - language of the Plan and Our service
 - compensation arrangements
 - Now Health International Limited is acting on behalf of Best Doctors Insurance Limited for the purposes of issuing and administering Plans, receiving premiums and paying claims.
- I understand that Now Health International cannot be liable and therefore will not pay claims if my **Plan** is lapsed should Now Health International be unable to collect my premium for whatever reason and I do not provide Now Health International with an alternate method of payment within seven days of Now Health International requests for alternative methods of payment.
- I agree that where medical **Treatment** is received within the provider network by me or any of my **Dependants** and, except where previously agreed by Now Health International, it is determined that the **Treatment** or **Medical Condition** is not refundable within the terms and conditions of the **Plan**, I agree that I am liable to Now Health International for all claims settled for such medical **Treatment** in connection with any non-covered claim.
- I understand and confirm that where I have not repaid funds disbursed in good faith by Now Health International in respect of non-covered medical **Treatment**, valid claims may be offset against outstanding funds due to Now Health International and/or my **Plan** may be suspended until the outstanding amounts have been settled in full.
- I acknowledge that if it is determined by Now Health International that a claim was fraudulent my Plan may be voided with immediate effect.
- I understand that if I am able to claim any costs from another insurance policy for the cost of any treatment or benefits received, Now Health International Limited will only be liable for a proportional share of the total costs.
- I/We understand that I am / we are purchasing an international policy which provides international flexibility and coverage in accordance with the terms of the policy issued in the Dubai International Financial Centre by Now Health International Limited (regulated by the Dubai Financial Services Authority) and underwritten by Best Doctors Insurance Limited (regulated by the Bermuda Monetary Authority). I/We understand that policy may not be issued locally therefore may not fulfill all local regulatory requirements.
- I have read the important notes.
- I agree to the declaration above and understand that cover is provided in accordance with the terms and conditions of the Now Health International Plan.

Signature (Insured/main applicant):	Date (dd/mm/yyyy):	
	/	/

Plans issued by Now Health International Limited, which is regulated by Dubai Financial Services Authority, register number F001448, are underwritten by Best Doctors Insurance Limited, which is regulated by the Bermuda Monetary Authority, register number 42307.

Plans are only available to those outside the UAE.

Now Health International Limited, Registered Office: Unit OT 19-37, Level 19, Central Park Offices, DIFC, United Arab Emirates PO Box 482055, Dubai, UAE

SC BN 28004 17/03/2025 Page 8 of 8