

# WorldCare Explained



Individuals and families

## About Us

An innovative leader in high-end health care

## >Now Health International

Our promise to our customers is in our name: 'Now' is clear, innovative and accessible. This means clear, relevant information, easy-to-use online tools and fast service from people who respect your time. Our products are designed to be comprehensive and benefit rich.

Now Health International is a global business with its headquarters in Hong Kong and regional service centres in Hong Kong, Shanghai, Dubai, the United Kingdom, Singapore and Jakarta.

In July 2015, Now Health's investor acquired Best Doctors Insurance, a major medical insurance provider with distribution throughout Latin America, the Caribbean and Canada.

The combination of the two businesses creates one of the largest providers of high-end international private medical insurance globally, with 12 sales/service offices, 125,000+ members, 370 staff and 5,000+ distribution partners.

## > Best Doctors Insurance

Best Doctors Insurance is the leading international health insurance company in Latin America, the Caribbean and Canada. At Best Doctors Insurance we have a clear vision: to help our members connect with the very best healthcare, with access to the best-quality hospitals and specialised centers around the world.

Best Doctors Insurance offers top-quality medical insurance plans; each carefully designed to deliver a full range of exclusive benefits and services for our members. The result? Our members can be certain they have the best health insurance plan that will help them, not only by paying the medical expenses but also guiding them through the complexities of the health care system when they need medical care.



## Our Global Presence

Our main markets are Asia Pacific, Canada, Caribbean, United Kingdom, Europe, Latin America and the Middle East, offering personalised customer service from our 12 offices around the globe.



## > Our Awards

Our ongoing commitment to top-end products and service has won us a number of awards for international health insurance. Our award winning innovative service proposition provides you with peace of mind that we will deliver a fast, accurate service when you need it most. Digital tools such as our smartphone App also make it even simpler and quicker to submit claims or find a medical provider, creating an exceptional customer experience.

We are proud of our recognition from the worldwide medical insurance industry and continue to improve and develop our offer,

to ensure we retain our position as the leading innovator in international health insurance.

## > Our Insurance Partner

Starr Insurance Companies is a leading insurance and investment organization, providing commercial property and casualty insurance, including travel and accident coverage, to almost every imaginable business and industry in virtually every part of the world. Cornelius Vander Starr established his first insurance company in Shanghai, China in 1919. Today, Starr is one of the world's fastest growing insurance organizations, capable of writing in 128 countries on 6 continents. No other global insurance company exceeds Starr's long history and comprehensive experience in complex business markets like China, among others. Starr has the global knowledge, vision and relationships to help companies succeed, anywhere they do business.



# Our Promise to You

## Service Promise

Your time is precious. We understand you need to know how guickly we will handle your requests. That's why we've made six promises about how fast we can deliver key services, to provide you with peace of mind. These are:



## Look what our customers say about us!

Results of our Customer Survey 2019 show that the majority of our members are happy with both our top-end benefits and great service.

Very good, good or excellent service reported by 87% of members\*



\*based on survey Nov 2019



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With us, it's easy to get immediate access to top-quality healthcare anywhere in the world.

We make it simple to choose the right cover and access the best medical care for you and your family.



### Secure

Reinsured by the financial strength of RGA, a global reinsurance leader in financial protection and the third largest reinsurer in the life and health sector worldwide, operating in 26 countries around the world, delivering expert solutions in individual group life and health reinsurance



#### Fast

Our quick and simple claims process means you can use our smartphone App, website or email us all their claims for fast reimbursement



### Service Excellence

Our peerless customer experience is delivered via a unique set of service promises which set out how fast we will complete important tasks like processing claims



### Experienced

We are international health insurance experts. Our senior management team has over 200-years combined experience and >10% employees are medically trained



### Comprehensive

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today



#### Always on

You can access our customer service teams 24-hours a day, 365-days a year

Our worldwide network of medical

without you having to pay up-front

providers offers access to healthcare



### Innovative

Our state-of-the-art website provides instant access to plan documents, management information and claims tracking information



### Transparent

We operate an up-front approach to underwriting which means that all our members know exactly what they're covered for and what they're not



#### Wellness

Our preventive care additional option means you can look after your future health too



### Global

Access

Now Health's local service offices in Asia Pacific, the Middle East, Europe and the Americas offer a truly worldwide service



#### No Claims Discount

If you are lucky enough not to have claimed, we give you a discount for every year you stay claim free

## Our Added Value Services

## Support to stay well and support when you need it

At Now Health we think it's important to support you with your overall health and wellbeing. That's why we offer a range of added value services in addition to your core plan protection, so you know we're there for you, every step of the way.



## **Second Medical Opinion**

- **Why:** A second medical opinion can help provide reassurance, particularly for those who are uncertain about their diagnosis, have a complex condition, or are unsure about what treatment plan to choose.
- What: Leveraging our extensive network of medical experts worldwide, we provide our members with a second medical opinion service to help ensure you get the right diagnosis and the right treatment.
  - Members can access this service for both acute and long term conditions, and in most cases the second medical opinion will be delivered within a matter of days.
- How: Simply contact your local Customer Service team to use this service. CustomerService@now-health.com



## **Global Concierge Service**

- Why: As an international health insurance provider, we recognise that many of our members may choose to seek treatment overseas, away from their home country.
- What: To help make this process easier for you, we provide concierge support to help you manage the process. This includes:
  - Recommending where to get treatment
  - Support to book medical appointments
  - Appointment reminders
  - Placing guarantees of payment with the hospital, including in an emergency, so you don't need to pay up front
  - Support with arranging medical visas as and when required
- How: Simply contact your local Customer Service team to use this service. CustomerService@now-health.com



## Member Assistance Program (individuals)

- **Why:** To support our members with their overall wellbeing as well as their physical health, ensuring our international health plans continue to provide members with a broad health and wellness package.
- What: The Member Assistance Programme is provided by LifeWorks by Morneau Shepell, it includes:
  - Immediate support by phone from specialised professionals in counselling, social work, psychology or human services, available 24/7 in multiple languages
  - Real-time online conversation with support professionals for immediate assistance with work, health or life issues
  - Confidential and secure telephonic or video sessions with counsellors in members' native language
  - Members are eligible for 5 sessions of short-term counselling per plan year
- **How:** Individual and family members can log-in to the <u>LifeWorks Portal</u> or downloading the LifeWorks App. Learn more about the Member Assistance Programme <u>here</u>.

# Our Digital Tools

## Our Website

### Manage your plan online

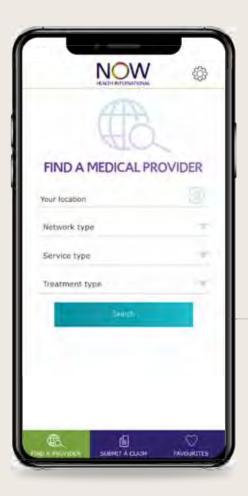
The Now Health International website is designed to make it simpler to manage your international health insurance from accessing your plan documents to tracking your claims.

Members can access their information at any time with Now Health, as all your details are stored in your secure online portfolio, which you can access 24-hours a day from anywhere in the world.

You can view and download all your plan documents including your certificate of insurance, members' handbook and any form you might need to manage your plan.

## Submit and track your claims online

You can submit and track the status of all claims you make online. As soon as we receive your claim, we will notify you by email and SMS (if you have chosen this option).





## Our Smartphone App

Our smartphone App let's you claim and find doctors at the touch of a button. You can access thousands of medical professionals worldwide and enjoy quick and easy claims handling.

# How to Use Your Plan

When you need to use your plan, we've designed the process to be as straightforward as possible.

# When you need out-patient treatment

If you select a plan that includes out-patient treatment, you can go to any medical practitioner, pay for your treatment and claim back your expenses. You won't have to pay anything if you have access to our Out-Patient Direct Billing Network. You can find a medical provider in our network from www.now-health.com or download our smartphone App.



# When you need in-patient or day-patient treatment

If you need to be admitted to hospital for day-patient or in-patient treatment, contact us and we will place a guarantee of payment with the medical provider so you don't need to pay anything. We aim to do this within two working days of your call.



## When you need preventive care

If you select one of our wellness additional options, you will be able to access screening, optical and vaccination benefits to safeguard you and your family's future health.



## Accessing help

Our customer service teams around the world are accessible 24-hours a day, 365-days a year. This service is available to you no matter where you are in the world, no matter of what time of day it is. They are on hand to answer any question about your plan, benefits, claims or if you have an emergency and need immediate help.







If you've accessed treatment within our out-patient direct billing network or if we've placed a guarantee of payment for you, there's no need to do anything further.

If you've had to pay and claim, we will process your eligible claims within *five working days or less.* 

You can track the status of all your claims in our secure online portfolio. We will email and SMS you updates as they happen.

### All out-patient claims, and all in/day-patient claims

## under USD 500/EUR 400/GBP 300 per medical condition

You can claim online using our secure online portfolio or smartphone App. Alternatively, if you prefer an offline solution you can email, post or fax us the front of the claim form and your scanned receipts.



## All in/day-patient claims

## over USD 500/EUR 400/GBP 300 per medical condition

Complete the front of the claim form and ask your medical practitioner to complete the back of the form. Upload it using our secure online portfolio, or email or fax it to us with your scanned receipts, diagnostic reports and/or discharge reports.



# Your Membership Card

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Our secure online portfolio is designed to make it easy to access all your plan information in just a few clicks. You can use secure online portfolio to download membership card and add it to smartphone wallet.

We work closely with the medical providers in our network so they recognise your Now Health card. Any out-patient benefits you have selected will be clearly labelled on the card.

#### On the Card front Plan name and option WORLDCARE Membership number NOW MEDIGO Advance In/Day-Patient Deductible MEMBERSHIP NUMBER UKSWCAD1475568 Out-Patient Co-Insurance OP CO-INSURANCE OP EXCESS GBP 10 per visit Nil Direct Billing DIRECT BILLING IN/DAY DEDUCTIBLE GBP 0 IN, DAY & OP · A barcode for medical providers You can add this pass to your Mobile Walkit by scanning the QR code below or tapping one of the wallef bullons. OK C SAMPLE On the Card back Member name Asia Pacific: +85222797310 Indonesia Toll-free: 08001889900 Indonesia Toll: +622127836910 China: +862161560910 • Membership number YOUR PLAN VALIDATE MY PLAN Start Date Name: Mark Taylor Rest of the World: +97144501510 NHI Membership Number: UKSWCAD1475568 Expiry Date Start Date: 01-JUN-21 Start Date: 01-JUN-21 Expiry Date: 31-MAY-22 In/Day-Patient Deductible: GBP 0 Out-Patient Excess: GBP 10 per visit Out-Patient Co-Insurance: Nil Direct Billing: OutPatient & In/Day-Patient Rece of Comp Workheider Exclusion 18 (A 24-HOUR EMERGENCY ASSISTANCE 24-HOUR EMERGENCE ASSISTANCE United Kingdom: +441276602140 Europe (Malta): +35622605240 Singapore: +6568802304 Asia Pacific: +85222797340 Plan information Indonesia: +622127836940 Submit claim Area of Cover: Worldwide Excluding USA China: +862161560914 Network: Rest of the World: +97144501540 Group Name: N/A · Track your claims MAILING ADDRESS: View your full plan benefits. Tap here to log into your portfolio and select 'My Plan'. Now Health International (UK) Limited Suite 2.3, Building Three, Watchmoor Park, Camberley, Surrey, GU15 3YL, United Kingdom Customer Service SUBMIT CLAIM • 24-HOUR Emergency Assistance Use the app button at the top of the pass to use the INSURANCE DETAILS mobile app This plan is insured by Starr International (Europe) Limited. Tap here to log in to your portfolio. Mailing address TRACK YOUR CLAIMS Please present this card to your medical provider as Tap here to log into your portfolio and select 'My Insurance details evidence of your cover with us. This membership card is the property of Now Health HOW TO REACH US Latest news International (UK) Limited and will be voided if your Tap here to chat online cover stops mid-way through a plan year. CUSTOMER SERVICE: United Kingdom: +441276602110 Europe (Malta): +35622605110 LATEST NEWS Tap here to find out the latest news from us. Tap here to read our blog. Singapore: +6568802300 Tap here to watch our explainer videos SAMPLE

# Introducing WorldCare

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today. There are four levels available: Essential, Advance, Excel and Apex. This means you can select the level of cover you prefer to suit your lifestyle, from basic medical treatment, to a more comprehensive package.

WorldCare

### WorldCare Essential

is the most affordable package for people who want to be sure they can access in-patient and day-patient hospital care when they need it, while minimising their health Insurance costs.

### WorldCare Advance

covers you for all-round medical care for in-patient, day-patient treatment and out-patient care including GP and specialist appointments, physiotherapy and alternative therapies.

### WorldCare Excel

covers you at higher benefit levels than Advance for in-patient, day-patient and out-patient treatment and includes routine and complex dental care.

### WorldCare Apex

is the highest level of cover. With very high benefit limits, it includes in-patient, day-patient, out-patient, routine and complex dental treatment, and routine maternity care.

You can shape the cover you want by adding the following options providing a more comprehensive package for you and your family. See how you can take advantage of your WorldCare plan today!

- We also have a range of annual **In and Day-Patient Deductibles** to suit your lifestyle. Deductibles give you greater flexibility to tailor your plan to your needs – from a high deductible to reduce your premium, to a low or nil deductible if you expect to use your plan frequently.
- If you choose an optional Deductible, on WorldCare Advance, WorldCare Excel or WorldCare Apex, you must also select a Co-Insurance Out-Patient Treatment option or an Out-Patient Per Visit Excess option. On WorldCare Essential if you choose an optional Deductible and an Out-Patient Charges option, you must also select a Co-Insurance Out-Patient Treatment option.
- Select Extended Evacuation and Repatriation and select USA Elective Treatment to give you greater peace of mind if you need to travel abroad.

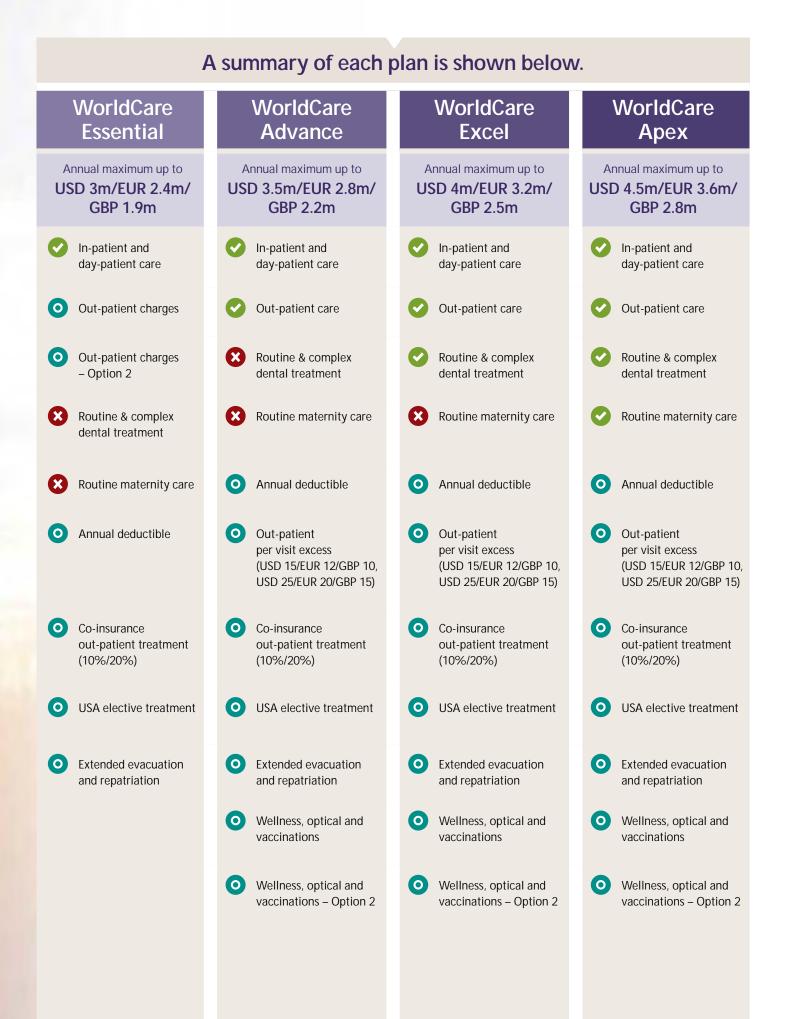
 Add options of Wellness, Optical and Vaccinations, for added flexibility



- You can have an **Out-Patient Per Visit Excess** of either USD 25/EUR 20/GBP 15 or USD 15/EUR 12/GBP 10 per visit to an out-patient medical practitioner
- Choose the Co-Insurance Out-Patient Treatment option pay either 10% or 20% of your out-patient treatment. There is a premium discount associated with this option based on the co-insurance you have selected.

## WorldCare At a Glance

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## WorldCare Benefit Schedule

| Benefit  |  | Essential   |      | Advance   |   | Excel   |  | Apex   |  |
|--|--|---|------|---|---|---|--|--|--|
| Annual Maximum Plan Limit  |  | USD 3m/EUR 2.4m/<br>GBP 1.9m  |      | USD 3.5m/EUR 2.8m/<br>GBP 2.2m  | 1 | USD 4m/EUR 3.2m/<br>GBP 2.5m  |  | USD 4.5m/EUR 3.6m/<br>GBP 2.8m   |  |
| 1. Maintenance of Chronic Medical Conditions   |  | Not covered   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| <ul> <li>2. Hospital Charges, Medical Practitioner and<br/>Specialist Fees <ul> <li>(i) Hospital charges for in-patient and day-patient treatment</li> <li>(ii) Related ancillary charges</li> </ul> </li> </ul>   |  | <ul> <li>(i) Full refund</li> <li>(ii) Up to USD 1,500/<br/>EUR 1,200/GBP 930<br/>per medical condition</li> </ul>  |      | <ul> <li>(i) Full refund</li> <li>(ii) Up to USD 1,500/<br/>EUR 1,200/GBP 930<br/>per medical condition</li> </ul>  |   | (i) Full refund<br>(ii) Up to USD 2,000/<br>EUR 1,600/GBP 1,250<br>per medical condition  |  | (i) Full refund<br>(ii) Up to USD 2,500/<br>EUR 2,000/GBP 1,550<br>per medical condition   |  |
| 3. Diagnostic Procedures   |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 4. Emergency Ambulance Transportation  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 5. Parent Accommodation  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| <ul> <li>6. Renal Failure and Renal Dialysis <ul> <li>(i) Treatment of renal failure, including renal dialysis on an in-patient basis</li> <li>(ii) Treatment of renal failure, including renal dialysis on an a day-patient or out-patient basis</li> </ul> </li> </ul>   |  | <ul> <li>(i) Full refund<br/>for in-patient pre and<br/>post-operative care</li> <li>(ii) Up to USD 25,000/<br/>EUR 20,000/GBP 15,625</li> </ul>  |      | <ul> <li>(i) Full refund</li> <li>(ii) Up to USD 100,000/<br/>EUR 80,000/GBP 62,500</li> </ul>  |   | <ul> <li>(i) Full refund</li> <li>(ii) Up to USD 100,000/<br/>EUR 80,000/GBP 62,500</li> </ul>  |  | <ul> <li>(i) Full refund</li> <li>(ii) Up to USD 100,000/<br/>EUR 80,000/GBP 62,500</li> </ul>   |  |
| 7. Organ Transplant<br>(i) Treatment<br>(ii) Donor medical costs   |  | (i) Full refund<br>(ii) Up to USD 50,000/<br>EUR 40,000/GBP 31,250  |      | (i) Full refund<br>(ii) Up to USD 50,000/<br>EUR 40,000/GBP 31,250  |   | (i) Full refund<br>(ii) Up to USD 50,000/<br>EUR 40,000/GBP 31,250  |  | (i) Full refund<br>(ii) Up to USD 50,000/<br>EUR 40,000/GBP 31,250   |  |
| 8. Cancer Treatment  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 9. Pregnancy Medical Conditions  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 10. New Born Cover   |  | Up to USD 100,000/<br>EUR 80,000/GBP 62,500   |      | Up to USD 100,000/<br>EUR 80,000/GBP 62,500   |   | Up to USD 125,000/<br>EUR 100,000/GBP 78,125  |  | Up to USD 150,000/<br>EUR 120,000/GBP 93,750   |  |
| 11. Hospital Accommodation for New Born<br>Accompanying their Mother   |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 12. Congenital Disorder  |  | Up to USD 100,000/<br>EUR 80,000/GBP 62,500   |      | Up to USD 100,000/<br>EUR 80,000/GBP 62,500   |   | Up to USD 125,000/<br>EUR 100,000/GBP 78,125  |  | Up to USD 150,000/<br>EUR 120,000/GBP 93,750   |  |
| 13. Reconstructive Surgery   |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 14. Rehabilitation   |  | Full refund for eligible In-patien<br>Treatment only up to 30 days<br>per medical condition   | nt 🕨 | Full refund for up to 180 days<br>per medical condition   |   | Full refund   |  | Full refund  |  |
| 15. In-Patient Emergency Dental Treatment  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 16. In-Patient Psychiatric Treatment   |  | Full refund for up to 30 days   |      | Full refund for up to 30 days   |   | Full refund for up to 30 days   |  | Full refund for up to 30 day   |  |
| 17. Terminal Illness   |  | In-patient and Day-patient<br>treatment up to USD 50,000/<br>EUR 40,000/GBP 31,250<br>lifetime limit  |      | Up to USD 50,000/<br>EUR 40,000/GBP 31,250<br>lifetime limit  |   | Up to USD 75,000/<br>EUR 60,000/GBP 46,875<br>lifetime limit  |  | <i>Up to USD 100,000<br/>EUR 80,000/GBP 62,500<br/>lifetime limit</i>  |  |
| 18. Emergency Non-Elective Treatment USA Cover   |  | Full refund for accident<br>requiring in-patient or<br>day-patient care<br>Illness: in-patient and<br>day-patient care up to<br>USD 25,000/FUR 20,000/<br>GBP 15,625 Out-Patient<br>Treatment in an Accident and<br>Emergency Department in a<br>hospital up to USD 500/<br>EUR 400/GBP 310 |      | Full refund for accident<br>requiring in-patient or<br>day-patient care<br>Illness: in-patient and<br>day-patient care up to<br>USD 25.000/EUR 20,000/<br>GBP 15,625 Out-Patient<br>Treatment in an Accident and<br>Emergency Department in a<br>hospital up to USD 500/<br>EUR 400/GBP 310 |   | Full refund for accident<br>requiring in-patient or<br>day-patient care<br>Illness: in-patient and<br>day-patient care up to<br>USD 35,000/EUR 28,000/<br>GBP 21,875 Out-Patient<br>Treatment in an Accident and<br>Emergency Department in a<br>hospital up to USD 500/<br>EUR 400/GBP 310 |  | Full refund for accident<br>requiring in-patient or<br>day-patient care<br>Illness: in-patient and<br>day-patient care up to<br>USD 50,000/EUR 40,000/<br>GBP 31,250 OUI-Patient<br>Treatment in an Accident al<br>Emergency Department in a<br>hospital up to USD 500/<br>EUR 400/GBP 310 |  |
| <ul> <li>19. Evacuation and Repatriation Evacuation (i) Transportation costs (ii) Reasonable local travel costs to and from medical appointments (iii) Reasonable travel costs for a locally - accompanying person (iv) Non-hospital accommodation costs Repatriation to country of residence or nationality following treatment</li></ul> |  | <ul> <li>(i) Full refund</li> <li>(ii) Full refund</li> <li>(iii) Full refund</li> <li>(iii) Full refund</li> <li>(iv) Up to USD 200/EUR 160/<br/>GBP 125 per day, up to<br/>USD 7,500/EUR 6,000/<br/>GBP 4,600 per person,<br/>per evacuation</li> <li>Full refund</li> </ul>              |      | <ul> <li>(i) Full refund</li> <li>(ii) Full refund</li> <li>(iii) Full refund</li> <li>(iv) Up to USD 200/EUR 160/<br/>GBP 125 per day, up to<br/>USD 7,500/EUR 6,000/<br/>GBP 4,600 per person,<br/>per evacuation</li> <li>Full refund</li> </ul>   |   | <ul> <li>(i) Full refund</li> <li>(ii) Full refund</li> <li>(iii) Full refund</li> <li>(iv) Up to USD 200/EUR 160/<br/>GBP 125 per day, up to<br/>USD 7,500/EUR 6,000/<br/>GBP 4,600 per person,<br/>per evacuation</li> <li>Full refund</li> </ul>   |  | <ul> <li>(i) Full refund</li> <li>(ii) Full refund</li> <li>(iii) Full refund</li> <li>(iv) Up to USD 300/EUR 240<br/>GBP 185 per day, up to<br/>USD 10,000/EUR 8,000/<br/>GBP 6,250 per person,<br/>per evacuation</li> <li>Full refund</li> </ul>  |  |
| <ul> <li>20. Mortal Remains <ul> <li>(i) Transportation of body or ashes of insured person to country of residence or country of nationality</li> <li>(ii) Burial or cremation costs at the place of death</li> </ul> </li> </ul>  |  | (i) Full refund<br>(ii) Up to USD 10,000/<br>EUR 8,000/GBP 6,250  |      | (i) Full refund<br>(ii) Up to USD 10,000/<br>EUR 8,000/GBP 6,250  |   | (i) Full refund<br>(ii) Up to USD 15,000/<br>EUR 12,000/GBP 9,375   |  | (i) Full refund<br>(ii) Up to USD 20,000/<br>EUR 16,000/GBP 12,500   |  |
| 21. Hospital Cash Benefit  |  | USD 125/EUR 100/GBP 75<br>per night   |      | USD 175/EUR 140/GBP 105<br>per night  |   | USD 225/EUR 180/GBP 135<br>per night  |  | USD 275/EUR 220/GBP 165<br>per night   |  |
| 22. Out-Patient Charges<br>Medical practitioner fees   |  | Pre-operative consultations<br>within 15 days from<br>the admission and post<br>hospitalisation consultation<br>within 30 days following<br>discharge from hospital<br>up to maximum USD 2,000/<br>EUR 1,600/GBP 1,250<br>per medical condition   |      | Full refund   |   | Full refund   |  | Full refund  |  |
| 23. Day-Patient and Out-Patient Surgery  |  | Full refund   |      | Full refund   |   | Full refund   |  | Full refund  |  |
|  |  |   |      |   |   |   |  |  |  |

| Be  | enefit  | Essential  |       | Advance   |    | Excel   |    | Арех   |
|-----|---|--|-------|---|----|---|----|--|
| 25. | <ul> <li>Out-Patient Physiotherapy and<br/>Alternative Therapies</li> <li>(i) Physiotherapy by a registered physiotherapist.</li> <li>(ii) Complementary medicine and treatment by a<br/>therapist. This benefit extends to osteopaths,<br/>chiropodists and podiatrists, chiropractors,<br/>homeopaths, dietician and acupuncture treatment<br/>but excludes physiotherapist covered in (i).</li> <li>(iii) Out-patient treatment for therapies administered<br/>by a recognised traditional Chinese medical<br/>practitioner or an ayurvedic medical practitioner.</li> <li>We do not cover charges for general chiropody or podiatry.</li> </ul> | <ul> <li>(i) Up to 5 sessions within<br/>30 days after hospitalisation</li> <li>(ii) Not covered</li> <li>(iii) Not covered</li> </ul>   | •     | <ul> <li>(i) Full refund<br/>up to a maximum of<br/>30 sessions</li> <li>(ii) and (iii) Full refund<br/>up to a maximum of 30 visits</li> </ul> | •  | (i) Full refund<br>(ii) and (iii) Full refund   | •  | (i) Full refund<br>(ii) and (iii) Full refund  |
| 26. | Nursing Care at Home<br>(i) Care given by a qualified nurse<br>(ii) Emergency out-of-hours medical practitioner (GP)<br>home visits   | <ul> <li>(i) Up to USD 100/EUR 80/<br/>GBP 65, up to 30 days<br/>per medical condition</li> <li>(ii) Not covered</li> </ul>  |       | <ul> <li>(i) Full refund up to 45 days<br/>per medical condition</li> <li>(ii) Not covered</li> </ul>   |    | <ul> <li>(i) Full refund up to 60 days<br/>per medical condition</li> <li>(ii) Not covered</li> </ul>                       |    | <ul> <li>(i) Full refund up to 120 days<br/>per medical condition</li> <li>(ii) Up to five visits</li> </ul>   |
| 27. | AIDS<br>Cover only available after three years of continuous<br>membership  | <ul> <li>In-patient and day-patient<br/>treatment only up to<br/>USD 25,000/EUR 20,000/<br/>GBP 15,625</li> </ul>  |       | Up to USD 25,000/<br>EUR 20,000/GBP 15,625  |    | Up to USD 40,000/<br>EUR 32,000/GBP 25,000  |    | Up to USD 50,000/<br>EUR 40,000/GBP 31,250   |
| 28. | Maternity<br>Costs incurred within 12 months of plan start date<br>are excluded   | Not covered  |       | Not covered   |    | Not covered   |    | Up to USD 17,500/<br>EUR 14,000/GBP 10,940   |
| 29. | Dental Care<br>(i) Routine dental treatment<br>(ii) Complex dental treatment<br>Costs incurred within nine months of plan start<br>date are excluded. A co-insurance of 20% applies.<br>Orthodontics subject to 50% co-insurance.   | <ul> <li>(I) Not covered</li> <li>(II) Not covered</li> </ul>  | •     | (!) Not covered<br>(ii) Not covered   | •  | (I) Up to USD 1,000/<br>EUR 800/GBP 625<br>(II) Up to USD 2,000/<br>EUR 1,600/GBP 1,250                                     |    | ()) Up to USD 1,500/<br>EUR 1,200/GBP 930<br>(i)) Up to USD 3,000/<br>EUR 2,400/GBP 1,875  |
| Add | ditional options  |  |       |   |    |   |    |  |
| 30. | USA Elective Treatment  | <ul> <li>Optional<br/>Up to USD 1.5m/<br/>EUR 1.2m/GBP 937,500</li> </ul>  |       | <i>Optional<br/>Up to USD 1.5m/<br/>EUR 1.2m/GBP 937,500</i>  |    | <i>Optional<br/>Up to USD 1.5m/<br/>EUR 1.2m/GBP 937,500</i>  |    | <i>Optional<br/>Up to USD 1.5m/<br/>EUR 1.2m/GBP 937,500</i>   |
| 31. | Co-Insurance Out-Patient Treatment<br>(i) 10% Co-Insurance Out-Patient Treatment<br>(ii) 20% Co-Insurance Out-Patient Treatment   | (i) Optional<br>(ii) Optional  |       | (i) Optional<br>(ii) Optional   |    | (i) Optional<br>(ii) Optional   |    | (i) Optional<br>(ii) Optional  |
| 32. | <ul> <li>Out-Patient Charges</li> <li>This additional option replaces benefit 22</li> <li>Medical practitioner fees</li> <li>(ii) a. Physiotherapy</li> <li>b. Treatment by Therapist</li> <li>c. Treatment for therapies by traditional Chinese medical practitioner or an ayurvedic medical practitioner</li> <li>We do not cover charges for general chiropody or podiatry.</li> </ul>   | <ul> <li>Optional</li> <li>(I) Up to USD 4,500/<br/>EUR 3,600/GBP 2,800</li> <li>(II) Full refund<br/>up to 10 sessions<br/>Physiotherapy is limited to<br/>10 sessions and not in<br/>addition to Benefit 25</li> </ul> |       | Already covered   |    | Already covered   |    | Already covered  |
| 33. | Out-Patient Charges – Option 2<br>This additional option replaces benefit 22<br>(i) Medical practitioner fees and maintenance<br>of chronic conditions<br>(ii) a. Physiotherapy<br>b. Treatment by Therapist<br>c. Treatment for therapies by traditional Chinese medical<br>practitioner or an ayuredic medical practitioner<br>We do not cover charges for general chiropody or podiatry.   | <ul> <li>Optional</li> <li>(I) Up to USD 4,500/<br/>EUR 3,600/GBP 2,800</li> <li>(II) Full refund<br/>up to 10 sessions<br/>Physiotherapy is limited to<br/>10 sessions and not in<br/>addition to Benefit 25</li> </ul> |       | Already covered   |    | Already covered   |    | Already covered  |
| 34. | Wellness, Optical and Vaccinations<br>Costs incurred within 6 months of the plan start date<br>are excluded   | Not covered  | •     | Optional<br>Combined limit up to<br>USD 500/EUR 400/GBP 310<br>Cover available after 6 months<br>of continuous membership                       |    | Optional<br>Combined limit up to<br>USD 500/EUR 400/GBP 310<br>Cover available after 6 months<br>of continuous membership   |    | Optional<br>Combined limit up to<br>USD 500/EUR 400/GBP 310<br>Cover available after 6 months<br>of continuous membership                                      |
| 35. | Wellness, Optical and Vaccinations – Option 2<br>Costs incurred within 6 months of the plan start date<br>are excluded  | Not covered  |       | Optional<br>Combined limit up to<br>USD 1,000/EUR 800/GBP 625<br>Cover available after 6 months<br>of continuous membership                     |    | Optional<br>Combined limit up to<br>USD 1,000/EUR 800/GBP 625<br>Cover available after 6 months<br>of continuous membership |    | <i>Optional</i><br><i>Combined limit up to</i><br><i>USD 1,000/EUR 800/GBP 625</i><br><i>Cover available after 6 months</i><br><i>of continuous membership</i> |
| 36. | Extended Evacuation and Repatriation  | Optional   |       | Optional  |    | Optional  |    | Optional   |
| Ded | luctible Options  |  |       |   |    |   |    |  |
| Sta | ndard Deductible  | Nil  |       | Nil   |    | Nil   |    | Nil  |
| Opt | ional Deductibles   | USD 1,000/EUR 800/GBP 625  |       | USD 1,000/EUR 800/GBP 625   |    | USD 1,000/EUR 800/GBP 625   |    | USD 1,000/EUR 800/GBP 625  |
|     |   | USD 2,500/EUR 2,000/GBP 1,550  | U     | ISD 2,500/EUR 2,000/GBP 1,550   | U  | SD 2,500/EUR 2,000/GBP 1,550  | U  | SD 2,500/EUR 2,000/GBP 1,550   |
|     |   | USD 5,000/EUR 4,000/GBP 3,125  | U     | SD 5,000/EUR 4,000/GBP 3,125  | U  | SD 5,000/EUR 4,000/GBP 3,125  | U  | SD 5,000/EUR 4,000/GBP 3,125   |
|     |   | USD 10,000/EUR 8,000/GBP 6,250   | US US | SD 10,000/EUR 8,000/GBP 6,250   | US | SD 10,000/EUR 8,000/GBP 6,250   | US | SD 10,000/EUR 8,000/GBP 6,250  |
|     |   | SD 15,000/EUR 12,000/GBP 9,375   |       | SD 15,000/EUR 12,000/GBP 9,375  | U. | SD 15,000/EUR 12,000/GBP 9,375  |    |  |
| Out | -Patient Per Visit Excess   | Not covered  |       | <i>Optional<br/>USD 25/EUR 20/GBP 15</i>  |    | <i>Optional<br/>USD 25/EUR 20/GBP 15</i>  |    | <i>Optional<br/>USD 25/EUR 20/GBP 15</i>   |
| Out | -Patient Per Visit Excess – Option 2  | Not covered  |       | <i>Optional<br/>USD 15/EUR 12/GBP 10</i>  |    | <i>Optional<br/>USD 15/EUR 12/GBP 10</i>  |    | <i>Optional<br/>USD 15/EUR 12/GBP 10</i>   |

Full refund

Not covered

Subject to limits

Optional

# What We Don't Cover

6s

There are some limitations that apply in addition to any personal exclusion we may detail in your Certificate of Insurance. These include treatments that may be considered a matter of personal choice (such as cosmetic treatment) and other treatments that are excluded from cover to keep premiums at an affordable level. For a full description, please refer to the members' handbook.

- 1 Act of terrorism, war and illegal acts
- 2 Administrative and shipping fees
- 3 Alcohol and drug abuse
- 4 Allergy Testing
- 5 Chemical exposure
- 6 Cosmetic treatment
- 7 Contamination
- 8 Chronic conditions (Essential plan only)
- 9 Coma or Vegetative State
- 10 Deductible, out-patient per visit excess or co-insurance
- 11 Dental care – unless this additional option has been chosen
- 12 Developmental disorders
- 13 Dietary supplements, vitamins or minerals and cosmetic products
- 14 Eating disorders
- 15 Experimental treatment and drugs
- Eyesight tests or vision correction, hearing tests, hearing or visual aids

   except as stated in the benefit schedule
- 17 External appliance and/or prosthesis
- **18** Failure to follow medical advice
- 19 Foetal surgery
- 20 Genetic testing

- 21 Hazardous sports and pursuits
- 22 HIV, AIDS or sexually transmitted disease – except as stated in the benefit schedule
- 23 Hormone Replacement Therapy – unless caused due to medical intervention
- 24 Morbid obesity
- 25 Nursing homes, convalescence homes, health hydros and nature cure clinics
- Pregnancy or maternity

   unless this option has been chosen or included within the core benefits of the plan
- 27 Pre-existing Medical Conditions – unless agreed by us in writing
- 28 Professional sports
- 29 Reproductive medicine
- 30 Routine examinations, health screening – except as stated in the benefit schedule
- Second opinions

   unless agreed by us in writing as part of the added value Interconsultation® service
- 32 Self-inflicted injuries or attempted suicide
- 33 Sexual problems and gender re-assignment
- 34 Sleep disorders
- 35 Travel/accommodation costs
   except those pre-authorised by us
- 36 Travelling against medical advice
- 37 Treatment by a family member
- 38 Treatment charges outside of our reasonable and customary range

# Join us today

It's quick and easy to join us. If you're looking for a simple and accessible approach to international health insurance, visit www.now-health.com or ask your intermediary for more information.



#### UAE

Arabia Insurance Company S.A.L. c/o Now Health International Gulf Third Party Administrators LLC, Unit 3701, Burj Al Salam Building, 3 Sheikh Zayed Rd, PO Box 334337, Dubai, United Arab Emirates T +971 (0) 4450 1428 | F +971 (0) 4450 1429 MEAQuotes@worldcare.ae

#### Now Health International

#### Europe (Malta)

Now Health International Services (Europe) Limited Dragonara Business Centre 5th Floor, Dragonara Road, St Julian's, STJ 3141, Malta T +356 2260 5100 EuropeSales@now-health.com

#### **United Kingdom**

Now Health International (UK) Limited Suite 2.3, Building Three, Watchmoor Park, Camberley, Surrey, GU15 3YL, United Kingdom T +44 (0) 1276 602100 | F +44 (0) 1276 602120 UKSales@now-health.com

#### Asia Pacific

Now Health International (Asia Pacific) Limited Units 1501-3, 15/F, AIA Tower, 183 Electric Road North Point, Hong Kong T +852 2279 7300 | F +852 2279 7320 AsiaPacSales@now-health.com

#### China

Asia-Pacific Property & Casualty Insurance Co., Ltd. c/o Now Health International (Shanghai) Limited Room 1103B–1105, 11/F, BM Tower No. 218 Wusong Road Hongkou District, Shanghai 200080, China T +(86) 400 077 7500 / +86 21 6156 0910 | F +(86) 400 077 7900 ChinaSales@now-health.com

#### Singapore

Now Health International (Singapore) Pte. Ltd. 4 Robinson Road #07-01A/02 The House of Eden Singapore 048543 T +65 6880 2303 | F +65 6220 6950 SingaporeSales@now-health.com

#### Indonesia

PT Now Health International Indonesia 17/F, Indonesia Stock Exchange, Tower II Jl. Jend. Sudirman Kav. 52 – 53 Jakarta 12190, Indonesia Toll-free 0800 1 889900/ Toll +62 21 2783 6910 | F +62 21 515 7639 IndonesiaSales@now-health.com

#### Rest of the World

Now Health International Limited PO Box 482055, Dubai, UAE T +971 (0) 4450 1500 | F +971 (0) 4450 1520 GlobalSales@now-health.com

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