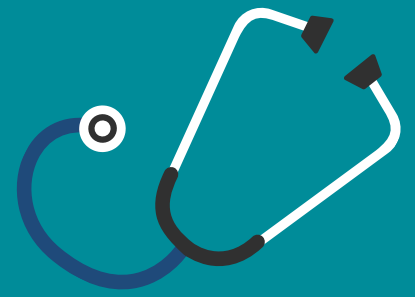


# WUHAN VIRUS - THE FACTS



As concern spreads globally about the virus outbreak in Wuhan, China, here are some key facts to know about the virus and how to prevent it.



## 1 WHAT IS THE VIRUS?

The virus, currently known 2019-nCoV, is part of the coronavirus family which includes Severe Acute Respiratory Syndrome (SARS) as well as the common cold. The virus is understood to be a new strain of coronavirus not previously identified in humans.



## 2 WHERE IS IT?

The virus originated in a seafood market in Wuhan, although there have now been a handful of confirmed cases outside of mainland China, including Hong Kong, Thailand, Korea, Japan and the US.



## 3 WHAT ARE THE SYMPTOMS?

Symptoms include a cough, sore throat, runny nose, headache, fever and shortness of breath. In more severe cases it can lead to pneumonia and respiratory tract conditions.

## 4 HOW BAD IS IT?

The virus is believed to be milder than SARS. For many people the symptoms will gradually subside, as with a cold. The majority of deaths have been amongst the elderly or those with underlying medical conditions.



## 5 HOW DO I PREVENT IT?

Crucially good personal hygiene and regular hand washing is advised. This means washing your hands thoroughly – 20 seconds is recommended. You may also wish to carry anti-bac gel and avoid touching your eyes, nose and mouth.



## 6 WHAT DOES THE W.H.O SAY?

The World Health Organisation (WHO) has not yet declared a "global emergency" over the new virus and is not currently recommending any travel restrictions, although it is monitoring the situation closely.



## 7 WHO IS AT RISK?

Young children, the elderly, or those with underlying medical conditions are at a more heightened risk and should take extra precautions.

## 8 WHAT SHOULD I DO IF I FEEL UNWELL?

Don't panic. Seek medical attention and remember to share your travel history with your health care provider. It is wise to call your doctor in advance of your visit to alert them to your symptoms so they can prevent further spread of the virus.

