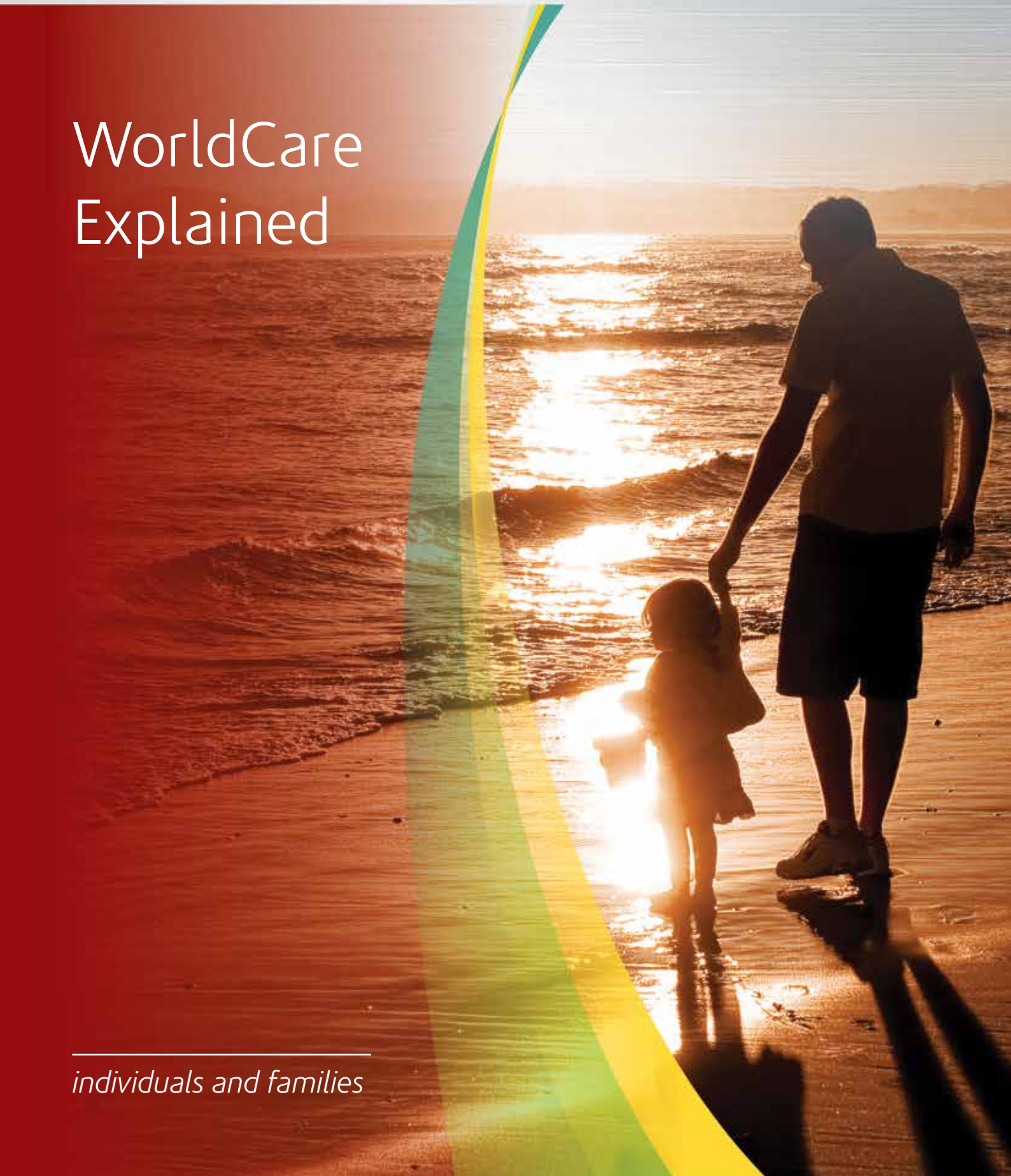




# WorldCare Explained

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*individuals and families*





About Us

An innovative leader  
in high-end health care

## Now Health International

Our promise to our customers is in our name: 'Now' is clear, innovative and accessible. This means clear, relevant information, easy-to-use online tools and fast service from people who respect your time. Our products are designed to be comprehensive and benefit rich.

Now Health International is a global business with its headquarters in Hong Kong and regional service centres in Singapore, Jakarta, Hong Kong, Shanghai, Dubai and the United Kingdom.

In July 2015, Now Health's investor acquired Best Doctors Insurance, a major medical insurance provider with distribution throughout Latin America, the Caribbean and Canada.

The combination of the two businesses creates one of the largest providers of high-end international private medical insurance globally, with 11 sales/service offices, 125,000+ members, 370 staff and 5,000+ distribution partners.

## Best Doctors Insurance

Best Doctors Insurance is the leading international health insurance company in Latin America, the Caribbean and Canada. At Best Doctors Insurance we have a clear vision: to help our members connect with the very best healthcare, with access to the best-quality hospitals and specialised centers around the world.

Best Doctors Insurance offers top-quality medical insurance plans; each carefully designed to deliver a full range of exclusive benefits and services for our members. The result? Our members can be certain they have the best health insurance plan that will help them, not only by paying the medical expenses but also guiding them through the complexities of the health care system when they need medical care.

4



Continents

125,000+

Members



370 Staff



5,000+

Distribution



Partners  
Globally

11 Offices



## Our Global Presence

Our main markets are Asia Pacific, Canada, Caribbean, Europe, Latin America and the Middle East, offering personalised customer service from our 11 offices around the globe.



## Our Awards

Our ongoing commitment to top-end products and service has won us a number of awards for international health insurance. Our award winning innovative service proposition provides you with peace of mind that we will deliver a fast, accurate service when you need it most. Digital tools such as our smartphone App also make it even simpler and quicker to submit claims or find a medical provider, creating an exceptional customer experience.

We are proud of our recognition from the worldwide medical insurance industry and continue to improve and develop our offer to ensure we retain our position as the leading innovator in international health insurance.

## Our Insurance Partner

Our insurance partner in Singapore is Sompoo Insurance Singapore Pte. Ltd. Sompoo Singapore was established in January 2013 when Tenet Insurance Company Ltd. merged with Sompoo Japan Insurance (Singapore) Pte. Ltd. In January 2014, Sompoo Singapore further merged with NIPPONKOA Insurance Co., Ltd., Singapore Branch, by acquiring its general insurance business to form an even larger entity in Singapore. Sompoo Singapore has been a part of the Singapore history since 1957 (as Tenet Insurance), while Sompoo Japan group and NIPPONKOA Insurance Group have their histories stretching back to 1888 and 1892.



A silhouette of a man carrying a child on his shoulders against a sunset sky with balloons. The man is holding a string of balloons, and the child is holding onto the string. The sun is low on the horizon, creating a warm glow. The background is a clear blue sky with some grass visible at the bottom.

Our Promise  
to You

## ► Service Promise

Your time is precious. We understand you need to know how quickly we will handle your requests. That's why we've made six promises about how fast we can deliver key services, to provide you with peace of mind. These are:

- 1



**Fast Claims Processing**

We commit to processing your claims quickly. Providing we have all the information we need, we aim to process eligible claims within five working days
- 2



**Accessing Medical Care**

If you need to access medical care that needs to be pre-authorised, we will place guarantees of payment with medical providers within two working days, so you can access treatment as quickly as possible
- 3



**24/7 Customer Service**

Our 24/7 customer service teams understand your priorities and respect your time. We respond to all enquiries within one working day
- 4



**Quick Underwriting Decisions**

When you apply for your plan, we will respond to all our underwriting-referred business within two working days, so you receive a decision as quickly as possible
- 5



**Plan documents**

When you buy your plan, if you want to have printed documents, we will dispatch them to you within five working days
- 6



**Go Paper-free**

We encourage you to go paper-free and receive only a membership card. If you do, we will dispatch it within two working days

### Look what our customers say about us!

Results of our Customer Survey 2018 show that the majority of our members are happy with both our top-end benefits and great service.

**Very good, good or excellent** service reported by **90%** of members 

Why Choose  
Us ?



With us, it's easy to get immediate access to top-quality healthcare anywhere in the world.

We make it simple to choose the right cover and access the best medical care for you and your family.



### **Secure**

Reinsured by the financial strength of RGA, a global reinsurance leader in financial protection and the third largest reinsurer in the life and health sector worldwide, that operates in 26 countries around the world, delivering expert solutions in individual group life and health reinsurance



### **Fast**

Our quick and simple claims process means you can use our smartphone App, website or email us all their claims for fast reimbursement



### **Service Excellence**

Our peerless customer experience is delivered via a unique set of service promises which set out how fast we will complete important tasks like processing claims



### **Experienced**

We are international health insurance experts. Our senior management team has over 200-years combined experience and >10% employees are medically trained



### **Comprehensive**

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today



### **Always on**

You can access our customer service teams 24-hours a day, 365-days a year



### **Innovative**

Our state-of-the-art website provides instant access to plan documents, management information and claims tracking information



### **Access**

Our worldwide network of medical providers offers access to healthcare without you having to pay up-front



### **Transparent**

We operate an up-front approach to underwriting which means that all our members know exactly what they're covered for and what they're not



### **Global**

Now Health's local service offices in Asia Pacific, the Middle East, Europe and the Americas offer a truly worldwide service



### **Wellness**

Our preventive care additional option means you can look after your future health too



### **No Claims Discount**

If you are lucky enough not to have claimed, we give you a discount for every year you stay claim free



Our  
Added Value  
Services



## ► Support to stay well and support when you need it

At Now Health we think it's important to support you with your overall health and wellbeing. That's why we offer a range of added value services in addition to your core plan protection, so you know we're there for you, every step of the way.



### Travel Assistance

**Why:** We know our globally mobile members frequently travel abroad, both for work and pleasure. To help provide you with the protection you need when you travel, we offer a travel assistance service.

**What:** With our partner Assist America we offer a range of services including:

- ✓ Pre-trip information
- ✓ Emergency prescription service if you forget your medicine while abroad
- ✓ Support for you and your family should you fall ill abroad, including care of elderly or minor children
- ✓ Early trip return in the event of an emergency
- ✓ Lost luggage assistance
- ✓ Legal and interpreter assistance

**How:** Register for this service when you buy your plan.



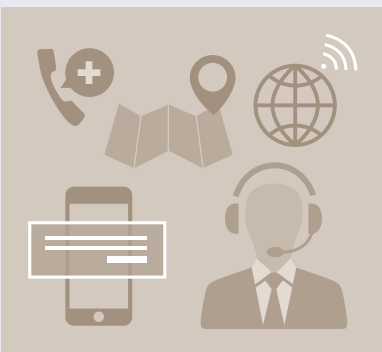
### Second Medical Opinion

**Why:** A second medical opinion can help provide reassurance, particularly for those who are uncertain about their diagnosis, have a complex condition, or are unsure about what treatment plan to choose.

**What:** Leveraging our extensive network of medical experts worldwide, we provide our members with a second medical opinion service to help ensure you get the right diagnosis and the right treatment.

Members can access this service for both acute and long term conditions, and in most cases the second medical opinion will be delivered within a matter of days.

**How:** Simply contact your local Customer Service team to use this service. [singaporeservice@now-health.com](mailto:singaporeservice@now-health.com)



### Global Concierge Service

**Why:** As an international health insurance provider, we recognise that many of our members may choose to seek treatment overseas, away from their home country.

**What:** To help make this process easier for you, we provide concierge support to help you manage the process. This includes:

- ✓ Recommending where to get treatment
- ✓ Support to book medical appointments
- ✓ Appointment reminders
- ✓ Placing guarantees of payment with the hospital, including in an emergency, so you don't need to pay up front
- ✓ Support with arranging medical visas as and when required

**How:** Simply contact your local Customer Service team to use this service. [singaporeservice@now-health.com](mailto:singaporeservice@now-health.com)

A photograph of a person carrying a child on their shoulders, both with their arms raised in a gesture of joy or triumph. They are standing on a beach with waves in the background under a bright, hazy sky. A semi-transparent grey box is overlaid on the left side of the image, containing the text 'Our Digital Tools'.

Our  
Digital Tools

## Our Website

### ► Manage your plan online

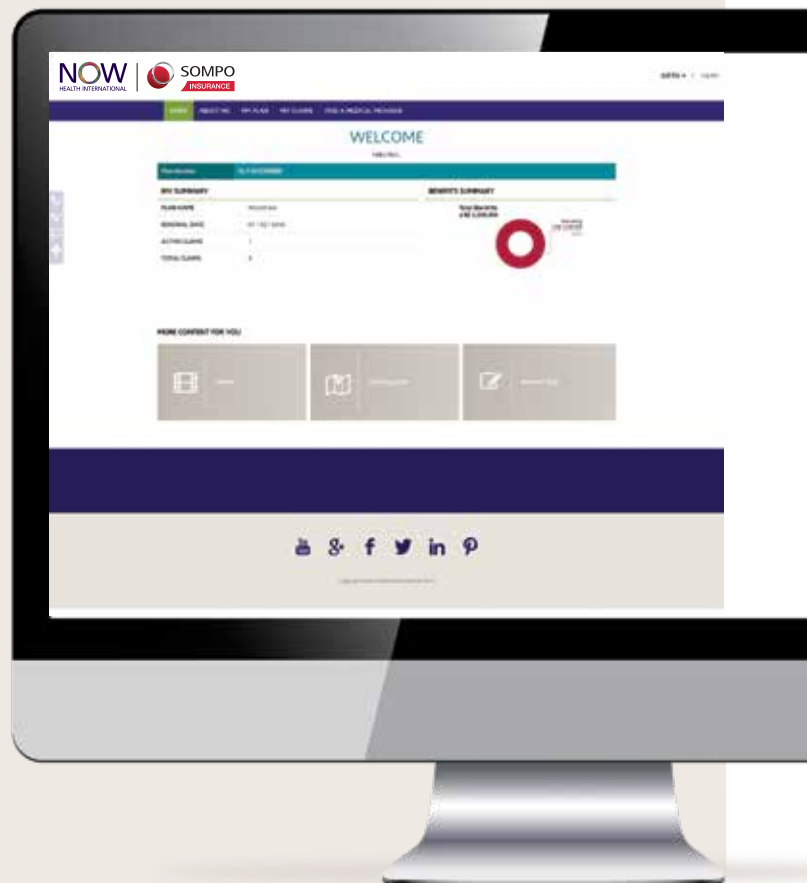
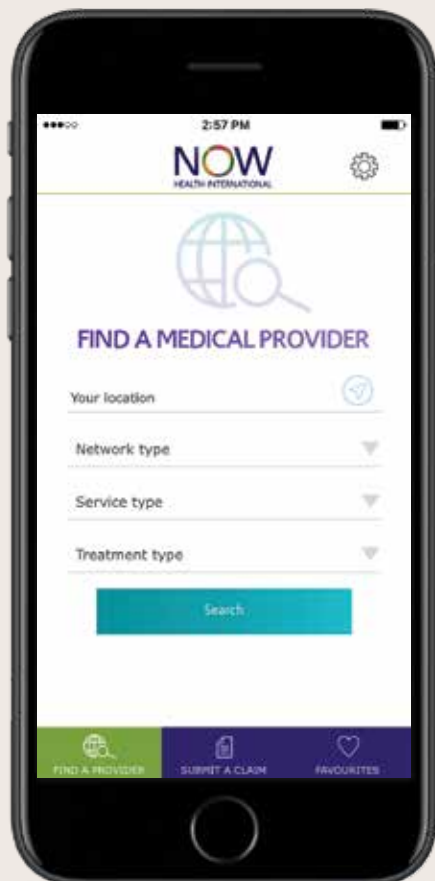
The Now Health International website is designed to make it simpler to manage your international health insurance from accessing your plan documents to tracking your claims.

Members can access their information at any time with Now Health as all your details are stored in your secure online portfolio, which you can access 24-hours a day from anywhere in the world.

You can view and download all your plan documents including your certificate of insurance, members' handbook and any form you might need to manage your plan.

### ► Submit and track your claims online

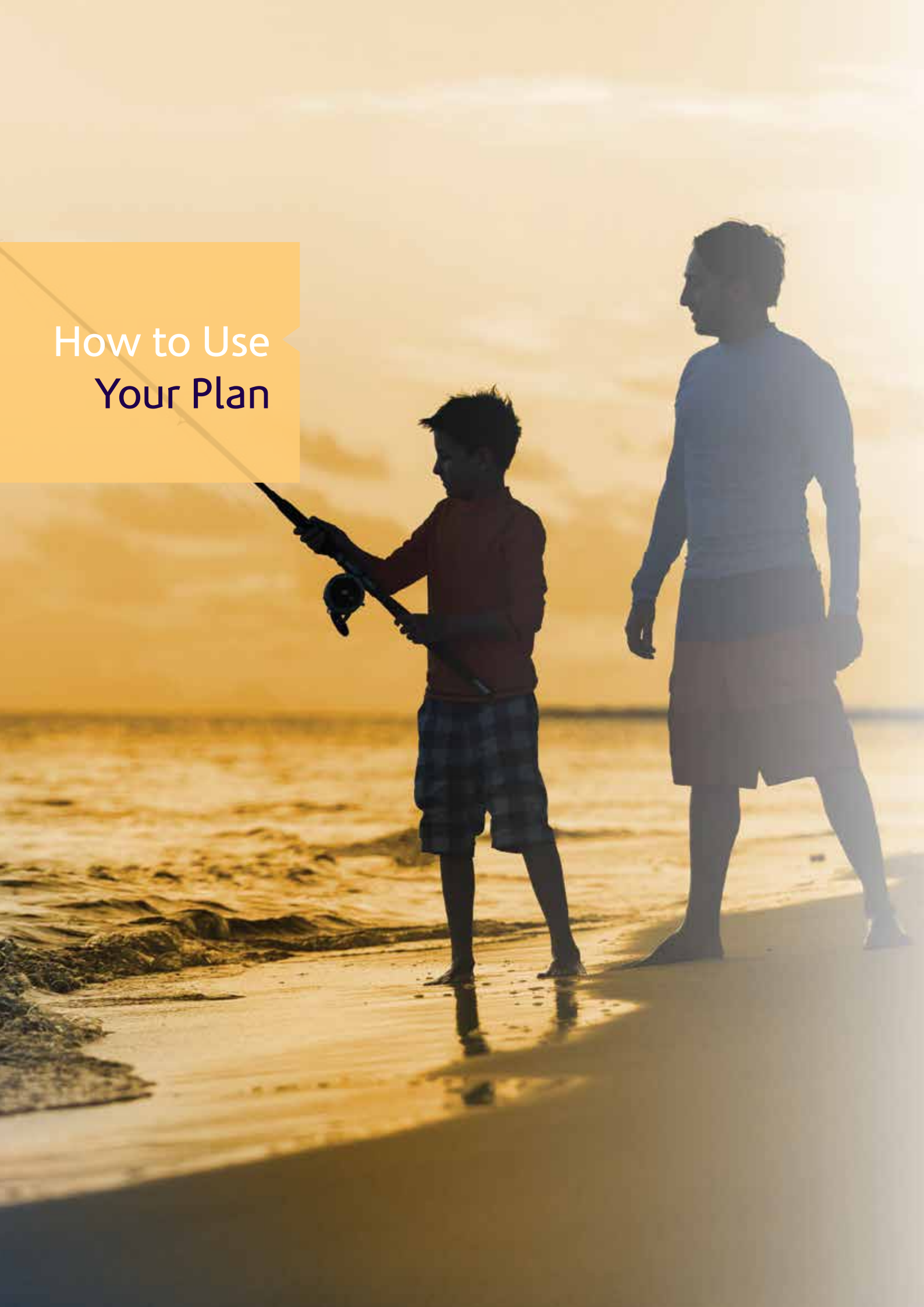
You can submit and track the status of all claims you make online. As soon as we receive your claim, we will notify you by email and SMS (if you have chosen this option).



## Our Smartphone App

- Our smartphone App let's you claim and find doctors at the touch of a button. You can access thousands of medical professionals worldwide and enjoy quick and easy claims handling.

# How to Use Your Plan



When you need to use your plan, we've designed the process to be as straightforward as possible.

### When you need out-patient treatment

If you select a plan that includes out-patient treatment, you can go to any medical practitioner, pay for your treatment and claim back your expenses. You won't have to pay anything if you have access to our Out-Patient Direct Billing Network. You can find a medical provider in our network from [www.now-health.com](http://www.now-health.com) or download our smartphone App.



### When you need in-patient or day-patient treatment

If you need to be admitted to hospital for day-patient or in-patient treatment, contact us and we will place a guarantee of payment with the medical provider so you don't need to pay anything. We aim to do this within two working days of your call.



### When you need preventive care

If you select one of our wellness additional options, you will be able to access screening, optical and vaccination benefits to safeguard you and your family's future health.



### Accessing help

Our customer service teams around the world are accessible 24-hours a day, 365-days a year. This service is available to you no matter where you are in the world, no matter of what time of day it is. They are on hand to answer any question about your plan, benefits, claims or if you have an emergency and need immediate help.



# How to Claim



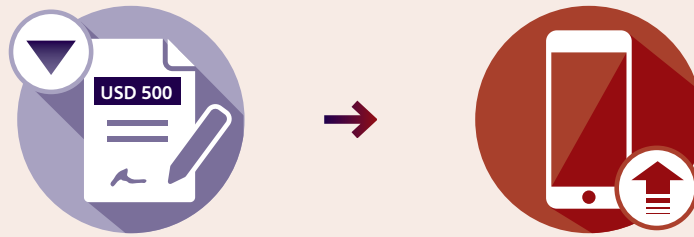
If you've accessed treatment within our out-patient direct billing network or if we've placed a guarantee of payment for you, there's no need to do anything further.

If you've had to pay and claim, we will process your eligible claims within ***five working days or less***.

You can track the status of all your claims in our secure online portfolio. We will email and SMS you updates as they happen.

***All out-patient claims, and all in/day-patient claims***  
**under USD 500/SGD 650** per medical condition

You can claim online using our secure online portfolio or smartphone App. Alternatively, if you prefer an offline solution you can email, post or fax us the front of the claim form and your scanned receipts.



***All in/day-patient claims***

**over USD 500/SGD 650** per medical condition

Complete the front of the claim form and ask your medical practitioner to complete the back of the form. Upload it using our secure online portfolio, or email or fax it to us with your scanned receipts, diagnostic reports and/or discharge reports.





A photograph showing two people riding bicycles outdoors. In the foreground, a person is seated in a wheelchair, wearing a dark long-sleeved shirt and dark pants. Behind them, another person is riding a standard bicycle, wearing a light-colored long-sleeved shirt, light-colored shorts, a cap, and gloves. They are riding on a paved path with a body of water and trees in the background under a clear sky. A teal semi-transparent box is overlaid on the left side of the image, containing the text 'Your Membership Card' with a white arrow pointing to the right.

Your  
Membership  
Card

Once you join Now Health, we send you a membership card for each person covered on your plan. Our membership cards are designed to carry clear information on what you are covered for.

We work closely with the medical providers in our network so they recognise your Now Health card. Any out-patient benefits you have selected will be clearly labelled on the card.

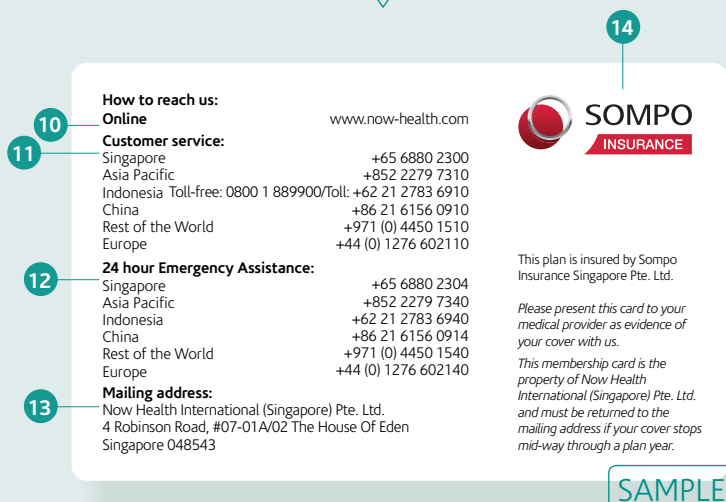
## On the Card front



- 01 Direct Billing**  
This will indicate what kind of direct billing you are entitled to.
- 02 Product name and option**
- 03 Your name**
- 04 Membership number**  
This number is unique to each individual.
- 05 Start date**  
This is the first day of your current plan year.
- 06 Expiry date**  
This is the last day of your current plan year.
- 07 Out-patient excess**  
This is the amount you pay towards the cost of any out-patient medical treatment.

- 08 Out-patient co-insurance**  
This section indicates if you have selected the 10% or 20% co-insurance treatment option, which means you have to pay either 10% or 20% of any out-patient treatment. If you have not chosen this option, it will say 'Nil'.
- 09 In/day-patient deductible**  
This is the annual amount you pay towards the cost of any in/day-patient treatment.

## On the Card back



- 10 Online**  
Visit our website to login to your secure online portfolio and track your claims online.
- 11 Customer service**  
You can call any of these numbers if you want to talk to us about any query. Your local number is normally at the top of the list.
- 12 24-hour Emergency Assistance**  
If you have an emergency and need immediate help, call any of these numbers. Your local number is normally at the top of the list.
- 13 Mailing address**  
If you want to post your claims or write us a letter, please use this address.
- 14** This is the logo of the underwriter of your plan.

A romantic scene of a man and a woman sitting on a wooden swing on a sandy beach. They are seen from behind, looking out at the ocean as the sun sets. The man is wearing a light green t-shirt and dark shorts, and the woman is wearing a dark blue dress. The sky is a mix of soft pinks, oranges, and blues. The water is calm with a slight shimmer from the low sun. The overall mood is peaceful and intimate.

# Introducing WorldCare

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today. There are four levels available: Essential, Advance, Excel and Apex. This means you can select the level of cover you prefer to suit your lifestyle, from basic medical treatment, to a more comprehensive package.

### WorldCare Essential

is the most affordable package for people who want to be sure they can access in-patient and day-patient hospital care when they need it, while minimising their health insurance costs.

### WorldCare Advance

covers you for all-round medical care for in-patient, day-patient treatment and out-patient care including GP and specialist appointments, physiotherapy and alternative therapies.

## WorldCare



### WorldCare Excel

covers you at higher benefit levels than Advance for in-patient, day-patient and out-patient treatment and includes routine and complex dental care.

### WorldCare Apex

is the highest level of cover. With very high benefit limits, it includes in-patient, day-patient, out-patient, routine and complex dental treatment, and routine maternity care.

*You can shape the cover you want by adding the following options providing a more comprehensive package for you and your family.*

*See how you can take advantage of your WorldCare plan today!*

- We have a range of annual **In and Day-Patient Deductibles** to suit your lifestyle. Deductibles give you greater flexibility to tailor your plan to your needs – from a high deductible to reduce your premium, to a low or nil deductible if you expect to use your plan frequently.



- If you choose an optional Deductible, on WorldCare Advance, WorldCare Excel or WorldCare Apex, you must also select a Co-Insurance Out-Patient Treatment option or an Out-Patient Per Visit Excess option. On WorldCare Essential if you choose an optional Deductible and an Out-Patient Charges option, you must also select a Co-Insurance Out-Patient Treatment option.

- Select **Extended Evacuation and Repatriation** and select **USA Elective Treatment** to give you greater peace of mind if you need to travel abroad.



- Add options of **Wellness, Optical and Vaccinations**, for added flexibility.



- You can have an **Out-Patient Per Visit Excess** of either USD 25/SGD 30 or USD 15/SGD 20 per visit to an out-patient medical practitioner.
- Choose the **Co-Insurance Out-Patient Treatment** option – pay either 10% or 20% of your out-patient treatment. There is a premium discount associated with this option based on the co-insurance you have selected.

**WorldCare**  
At a Glance



## A summary of each plan is shown below.

WorldCare Essential	WorldCare Advance	WorldCare Excel	WorldCare Apex
Annual maximum up to USD 3m/SGD 3.9m	Annual maximum up to USD 3.5m/SGD 4.55m	Annual maximum up to USD 4m/SGD 5.2m	Annual maximum up to USD 4.5m/SGD 5.85m
<ul style="list-style-type: none"> <li> In-patient and day-patient care</li> <li> Out-patient charges</li> <li> Out-patient charges – Option 2</li> <li> Routine &amp; complex dental treatment</li> <li> Routine maternity care</li> <li> Annual deductible</li> <li> Co-insurance out-patient treatment (10%/20%)</li> <li> USA elective treatment</li> <li> Extended evacuation and repatriation</li> <li> Hospital room restriction in Singapore</li> </ul>	<ul style="list-style-type: none"> <li> In-patient and day-patient care</li> <li> Out-patient care</li> <li> Routine &amp; complex dental treatment</li> <li> Routine maternity care</li> <li> Annual deductible</li> <li> Out-patient per visit excess (USD 15/SGD 20, USD 25/SGD 30)</li> <li> Co-insurance out-patient treatment (10%/20%)</li> <li> USA elective treatment</li> <li> Extended evacuation and repatriation</li> <li> Wellness, optical and vaccinations</li> <li> Wellness, optical and vaccinations – Option 2</li> <li> Hospital room restriction in Singapore</li> </ul>	<ul style="list-style-type: none"> <li> In-patient and day-patient care</li> <li> Out-patient care</li> <li> Routine &amp; complex dental treatment</li> <li> Routine maternity care</li> <li> Annual deductible</li> <li> Out-patient per visit excess (USD 15/SGD 20, USD 25/SGD 30)</li> <li> Co-insurance out-patient treatment (10%/20%)</li> <li> USA elective treatment</li> <li> Extended evacuation and repatriation</li> <li> Wellness, optical and vaccinations</li> <li> Wellness, optical and vaccinations – Option 2</li> <li> Hospital room restriction in Singapore</li> </ul>	<ul style="list-style-type: none"> <li> In-patient and day-patient care</li> <li> Out-patient care</li> <li> Routine &amp; complex dental treatment</li> <li> Routine maternity care</li> <li> Annual deductible</li> <li> Out-patient per visit excess (USD 15/SGD 20, USD 25/SGD 30)</li> <li> Co-insurance out-patient treatment (10%/20%)</li> <li> USA elective treatment</li> <li> Extended evacuation and repatriation</li> <li> Wellness, optical and vaccinations</li> <li> Wellness, optical and vaccinations – Option 2</li> <li> Hospital room restriction in Singapore</li> </ul>




Cover available



Not covered



Optional

A black and white photograph of a family silhouette in an airport terminal. A man is carrying a child on his shoulders, and a woman stands next to him, looking out a large window at an airplane on the tarmac. The scene is reflected on the polished floor.

# WorldCare Benefit Schedule

# WorldCare Benefit Schedule

Benefit	Essential	Advance	Excel	Apex
<b>Annual Maximum Plan Limit</b>	USD 3m/SGD 3.9m	USD 3.5m/SGD 4.55m	USD 4m/SGD 5.2m	USD 4.5m/SGD 5.85m
<b>1. Maintenance of Chronic Medical Conditions</b>	Not covered	Full refund	Full refund	Full refund
<b>2. Hospital Charges, Medical Practitioner and Specialist Fees</b> (i) Hospital charges for in-patient and day-patient treatment (ii) Related ancillary charges	(i) Full refund (ii) Up to USD 1,500/SGD 1,950 per medical condition	(i) Full refund (ii) Up to USD 1,500/SGD 1,950 per medical condition	(i) Full refund (ii) Up to USD 2,000/SGD 2,600 per medical condition	(i) Full refund (ii) Up to USD 2,500/SGD 3,250 per medical condition
<b>3. Diagnostic Procedures</b>	Full refund	Full refund	Full refund	Full refund
<b>4. Emergency Ambulance Transportation</b>	Full refund	Full refund	Full refund	Full refund
<b>5. Parent Accommodation</b>	Full refund	Full refund	Full refund	Full refund
<b>6. Renal Failure and Renal Dialysis</b> (i) Treatment of renal failure, including renal dialysis on an in-patient basis (ii) Treatment of renal failure, including renal dialysis on an a day-patient or out-patient basis	(i) Full refund for in-patient pre and post-operative care (ii) Not covered	(i) Full refund (ii) Up to USD 100,000/SGD 130,000	(i) Full refund (ii) Up to USD 100,000/SGD 130,000	(i) Full refund (ii) Up to USD 100,000/SGD 130,000
<b>7. Organ Transplant</b> (i) Treatment (ii) Donor medical costs	(i) Full refund (ii) Up to USD 50,000/SGD 65,000	(i) Full refund (ii) Up to USD 50,000/SGD 65,000	(i) Full refund (ii) Up to USD 50,000/SGD 65,000	(i) Full refund (ii) Up to USD 50,000/SGD 65,000
<b>8. Cancer Treatment</b>	Full refund	Full refund	Full refund	Full refund
<b>9. Pregnancy and Childbirth Medical Conditions</b>	Full refund	Full refund	Full refund	Full refund
<b>10. New Born Cover</b>	Up to USD 100,000/SGD 130,000	Up to USD 100,000/SGD 130,000	Up to USD 125,000/SGD 162,500	Up to USD 150,000/SGD 195,000
<b>11. Hospital Accommodation for New Born Accompanying their Mother</b>	Full refund	Full refund	Full refund	Full refund
<b>12. Congenital Disorder</b>	Up to USD 100,000/SGD 130,000	Up to USD 100,000/SGD 130,000	Up to USD 125,000/SGD 162,500	Up to USD 150,000/SGD 195,000
<b>13. Reconstructive Surgery</b>	Full refund	Full refund	Full refund	Full refund
<b>14. Rehabilitation</b>	Full refund for eligible In-patient Treatment only up to 30 days per medical condition	Full refund for up to 180 days per medical condition	Full refund	Full refund
<b>15. In-Patient Emergency Dental Treatment</b>	Full refund	Full refund	Full refund	Full refund
<b>16. In-Patient Psychiatric Treatment</b>	Full refund for up to 30 days	Full refund for up to 30 days	Full refund for up to 30 days	Full refund for up to 30 days
<b>17. Terminal Illness</b>	In-patient and Day-patient treatment up to USD 50,000/SGD 65,000 lifetime limit	Up to USD 50,000/SGD 65,000 lifetime limit	Up to USD 75,000/SGD 97,500 lifetime limit	Up to USD 100,000/SGD 130,000 lifetime limit
<b>18. Emergency Non-Elective Treatment USA Cover</b>	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 25,000/SGD 32,500 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500/SGD 650	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 25,000/SGD 32,500 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500/SGD 650	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 35,000/SGD 45,500 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500/SGD 650	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 50,000/SGD 65,000 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500/SGD 650
<b>19. Evacuation and Repatriation</b> <i>Evacuation</i> (i) Transportation costs in the event of Emergency Treatment and Medically Necessary transport and care not being readily available at the place of the incident. (ii) Reasonable local travel costs to and from medical appointments when Treatment is being received as a Day-Patient. (iii) Reasonable travel costs for a locally-accompanying person to travel to and from the Hospital to visit the Insured Person following admission as an In-Patient. (iv) Reasonable costs for non-Hospital Accommodation only for immediate pre and post-Hospital admission periods provided that the Insured Person is under the care of a Specialist. <i>Costs of Evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski or winter sports resorts.</i> <i>Repatriation to principal Country of Nationality or principal Country of Residence, as long as the journey is within one month of completion of Treatment.</i>	(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 200/SGD 260 per day, up to USD 7,500/SGD 9,750 per person, per evacuation Full refund	(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 200/SGD 260 per day, up to USD 7,500/SGD 9,750 per person, per evacuation Full refund	(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 200/SGD 260 per day, up to USD 7,500/SGD 9,750 per person, per evacuation Full refund	(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 300/SGD 390 per day, up to USD 10,000/SGD 13,000 per person, per evacuation Full refund
<b>20. Mortal Remains</b> (i) Transportation of body or ashes of insured person to country of residence or country of nationality, or (ii) Burial or cremation costs at the place of death	(i) Full refund (ii) Up to USD 10,000/SGD 13,000	(i) Full refund (ii) Up to USD 10,000/SGD 13,000	(i) Full refund (ii) Up to USD 15,000/SGD 19,500	(i) Full refund (ii) Up to USD 20,000/SGD 26,000
<b>21. Hospital Cash Benefit</b>	USD 125/SGD 165 per night	USD 175/SGD 230 per night	USD 225/SGD 295 per night	USD 275/SGD 360 per night
<b>22. Out-Patient Charges</b> <i>Medical practitioner fees</i>	Pre-operative consultations within 15 days from the admission and post hospitalisation consultation within 30 days following discharge from hospital up to maximum USD 2,000/SGD 2,600 per medical condition	Full refund	Full refund	Full refund



Benefit	Essential	Advance	Excel	Apex
<b>23. Day-Patient and Out-Patient Surgery</b>	▶ Full refund	▶ Full refund	▶ Full refund	▶ Full refund
<b>24. Out-Patient Psychiatric Illness</b>	▶ Not covered	▶ Up to USD 2,500/SGD 3,250	▶ Up to USD 5,000/SGD 6,500	▶ Up to USD 7,500/SGD 9,750
<b>25. Out-Patient Physiotherapy and Alternative Therapies</b> (i) Physiotherapy by a registered physiotherapist, when referred by a medical practitioner, or specialist. (ii) Complementary medicine and treatment by a therapist, when referred by a medical practitioner or specialist. This benefit extends to osteopaths, chiropractors, homeopaths, dietician and acupuncture treatment but excludes physiotherapist covered in (i). (iii) Out-patient treatment for therapies administered by a recognised traditional Chinese medical practitioner or an ayurvedic medical practitioner. We do not cover charges for general chiropody or podiatry.	▶ (i) Up to 5 sessions within 30 days after hospitalisation ▶ (ii) Not covered ▶ (iii) Not covered	▶ (i) Full refund up to a maximum 30 sessions ▶ (ii) and (iii) Full refund up to a maximum of 30 visits	▶ (i) Full refund ▶ (ii) and (iii) Full refund	▶ (i) Full refund ▶ (ii) and (iii) Full refund
<b>26. Nursing Care at Home</b> (i) Care given by a qualified nurse (ii) Emergency out-of-hours medical practitioner (GP) home visits	▶ (i) Up to USD 100/SGD 130 per day, up to 30 days per medical condition ▶ (ii) Not covered	▶ (i) Full refund up to 45 days per medical condition ▶ (ii) Not covered	▶ (i) Full refund up to 60 days per medical condition ▶ (ii) Not covered	▶ (i) Full refund up to 120 days per medical condition ▶ (ii) Up to five visits
<b>27. AIDS</b> Cover only available after three years of continuous membership	▶ In-patient and day-patient treatment only up to USD 25,000/SGD 32,500	▶ Up to USD 25,000/SGD 32,500	▶ Up to USD 40,000/SGD 52,000	▶ Up to USD 50,000/SGD 65,000
<b>28. Maternity</b> Costs incurred within 12 months of plan start date are excluded	▶ Not covered	▶ Not covered	▶ Not covered	▶ Up to USD 17,500/SGD 22,750
<b>29. Dental Care</b> (i) Routine dental treatment (ii) Complex dental treatment Costs incurred within nine months of plan start date are excluded. A co-insurance of 20% applies. Orthodontics subject to 50% co-insurance.	▶ (i) Not covered ▶ (ii) Not covered	▶ (i) Not covered ▶ (ii) Not covered	▶ (i) Up to USD 1,000/SGD 1,300 ▶ (ii) Up to USD 2,000/SGD 2,600	▶ (i) Up to USD 1,500/SGD 1,950 ▶ (ii) Up to USD 3,000/SGD 3,900
<b>Additional options</b>				
<b>30. USA Elective Treatment</b>	▶ Optional Up to USD 1.5m/SGD 1.95m	▶ Optional Up to USD 1.5m/SGD 1.95m	▶ Optional Up to USD 1.5m/SGD 1.95m	▶ Optional Up to USD 1.5m/SGD 1.95m
<b>31. Co-Insurance Out-Patient Treatment</b> (i) 10% Co-Insurance Out-Patient Treatment (ii) 20% Co-Insurance Out-Patient Treatment	▶ (i) Optional ▶ (ii) Optional	▶ (i) Optional ▶ (ii) Optional	▶ (i) Optional ▶ (ii) Optional	▶ (i) Optional ▶ (ii) Optional
<b>32. Out-Patient Charges</b> This additional option replaces benefit 22 (i) Medical practitioner fees (ii) a. Physiotherapy by a Registered Physiotherapist, when referred by a Medical Practitioner, or Specialist. b. Complementary medicine and Treatment by a therapist, when referred by a Medical Practitioner or Specialist. This Benefit extends to osteopaths, chiropractors, homeopaths, dietician and acupuncture Treatment. c. Out-Patient Treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner. We do not cover charges for general chiropody or podiatry.	▶ Optional ▶ (i) Up to USD 4,500/SGD 5,850 ▶ (ii) Full refund up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25.	▶ Already covered	▶ Already covered	▶ Already covered
<b>33. Out-Patient Charges – Option 2</b> This additional option replaces benefit 22 (i) Medical practitioner fees and maintenance of chronic conditions (ii) a. Physiotherapy by a Registered Physiotherapist, when referred by a Medical Practitioner, or Specialist. b. Complementary medicine and Treatment by a therapist, when referred by a Medical Practitioner or Specialist. This Benefit extends to osteopaths, chiropractors, homeopaths, dietician and acupuncture Treatment. c. Out-Patient Treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner. We do not cover charges for general chiropody or podiatry.	▶ Optional ▶ (i) Up to USD 4,500/SGD 5,850 ▶ (ii) Full refund up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25.	▶ Already covered	▶ Already covered	▶ Already covered
<b>34. Wellness, Optical and Vaccinations</b>	▶ Not covered	▶ Combined limit up to USD 500/SGD 650 cover available after 6 months of continuous membership	▶ Combined limit up to USD 500/SGD 650 cover available after 6 months of continuous membership	▶ Combined limit up to USD 500/SGD 650 cover available after 6 months of continuous membership
<b>35. Wellness, Optical and Vaccinations - Option 2</b>	▶ Not covered	▶ Combined limit up to USD 1,000/SGD 1,300 cover available after 6 months of continuous membership	▶ Combined limit up to USD 1,000/SGD 1,300 cover available after 6 months of continuous membership	▶ Combined limit up to USD 1,000/SGD 1,300 cover available after 6 months of continuous membership
<b>36. Hospital room restriction for residents in Singapore</b>	▶ Optional	▶ Optional	▶ Optional	▶ Optional
<b>37. Extended Evacuation and Repatriation</b>	▶ Optional	▶ Optional	▶ Optional	▶ Optional

Benefit	Essential	Advance	Excel	Apex
<b>Deductible Options</b>				
<b>Standard Deductible</b>	Nil	Nil	Nil	Nil
<b>Optional Deductibles</b>	USD 1,000/SGD 1,300	USD 1,000/SGD 1,300	USD 1,000/SGD 1,300	USD 1,000/SGD 1,300
	USD 2,500/SGD 3,250	USD 2,500/SGD 3,250	USD 2,500/SGD 3,250	USD 2,500/SGD 3,250
	USD 5,000/SGD 6,500	USD 5,000/SGD 6,500	USD 5,000/SGD 6,500	USD 5,000/SGD 6,500
	USD 10,000/SGD 13,000	USD 10,000/SGD 13,000	USD 10,000/SGD 13,000	USD 10,000/SGD 13,000
	USD 15,000/SGD 19,500	USD 15,000/SGD 19,500	USD 15,000/SGD 19,500	USD 15,000/SGD 19,500
<b>Out-Patient Per Visit Excess</b>	▶ Not covered	▶ Optional USD 25/SGD 30	▶ Optional USD 25/SGD 30	▶ Optional USD 25/SGD 30
<b>Out-Patient Per Visit Excess – Option 2</b>	▶ Not covered	▶ Optional USD 15/SGD 20	▶ Optional USD 15/SGD 20	▶ Optional USD 15/SGD 20

A woman in a striped shirt and shorts is walking on a beach at sunset, holding the hand of a small child in a white tank top and red pants. The sun is low on the horizon, creating a warm, golden glow over the water and sand. The woman is looking down at the child, and they are both walking towards the water. The background shows a calm sea with some distant buildings and trees under a clear sky.

# What We Don't Cover

There are some limitations that apply in addition to any personal exclusion we may detail in your Certificate of Insurance. These include treatments that may be considered a matter of personal choice (such as cosmetic treatment) and other treatments that are excluded from cover to keep premiums at an affordable level. For a full description, please refer to the members' handbook.

- 1 Act of terrorism, war and illegal acts
- 2 Administrative and shipping fees
- 3 Alcohol and drug abuse
- 4 Allergy Testing
- 5 Chemical exposure
- 6 Cosmetic treatment
- 7 Contamination
- 8 Chronic conditions (Essential plan only)
- 9 Coma or Vegetative State
- 10 Deductible, out-patient per visit excess or co-insurance
- 11 Dental care  
– unless this additional option has been chosen
- 12 Developmental disorders
- 13 Dietary supplements, vitamins or minerals and cosmetic products
- 14 Eating disorders
- 15 Experimental treatment and drugs
- 16 Eyesight tests or vision correction, hearing tests, hearing or visual aids  
– except as stated in the benefit schedule
- 17 External appliance and/or prosthesis
- 18 Failure to follow medical advice
- 19 Foetal surgery
- 20 Genetic testing
- 21 Hazardous sports and pursuits
- 22 HIV, AIDS or sexually transmitted disease  
– except as stated in the benefit schedule
- 23 Hormone Replacement Therapy  
– unless caused due to medical intervention
- 24 Morbid obesity
- 25 Nursing homes, convalescence homes, health hydros and nature cure clinics
- 26 Pregnancy or maternity  
– unless this option has been chosen or included within the core benefits of the plan
- 27 Pre-existing Medical Conditions  
– unless agreed by us in writing
- 28 Professional sports
- 29 Reproductive medicine
- 30 Routine examinations, health screening  
– except as stated in the benefit schedule
- 31 Second opinions  
– unless agreed by us in writing as part of the added value Interconsultation® service
- 32 Self-inflicted injuries or attempted suicide
- 33 Sexual problems and gender re-assignment
- 34 Sleep disorders
- 35 Travel/accommodation costs  
– except those pre-authorised by us
- 36 Travelling against medical advice
- 37 Treatment by a family member
- 38 Treatment charges outside of our reasonable and customary range

# Join us today

It's quick and easy to join us.

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This plan is not a Medisave-approved plan and you may not use Medisave plan to pay the premium for this plan. If you are a citizen or permanent resident of Singapore, you are covered by MediShield Life for life, for treatments in Singapore, regardless of pre-existing medical conditions or other circumstances that you face. For more details on your coverage, please visit [www.medishieldlife.sg](http://www.medishieldlife.sg).

### Plan Owners' Protection Scheme

This plan is protected under the Policy Owners' Protection Scheme which is administered by the Singapore Deposit Insurance Corporation (SDIC). Coverage for your plan is automatic and no further action is required from you. For more information on the types of benefits that are covered under the scheme as well as the limits of coverage, where applicable, please contact your insurer or visit the General Insurance Association of Singapore (GIA)/Life Insurance Association of Singapore (LIA) or SDIC websites ([www.gia.org.sg](http://www.gia.org.sg) or [www.lia.org.sg](http://www.lia.org.sg) or [www.sdic.org.sg](http://www.sdic.org.sg)).

Now Health International (Singapore) Pte. Ltd. (No. 201317502C) is a general insurance agent of Sampo Insurance Singapore Pte. Ltd. and is registered with the Agents' Registration Board of the General Insurance Association of Singapore (GIA).

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