



# Now Health International

Our promise to our customers is in our name: 'Now' is clear, innovative and accessible. This means clear, relevant information, easy-to-use online tools and fast service from people who respect your time. Our products are designed to be comprehensive and benefit rich.

Now Health International is a global business with its headquarters in Hong Kong and regional service centres in Hong Kong, Shanghai, Dubai, the United Kingdom, Singapore and Jakarta.

In July 2015, Now Health's investor acquired Best Doctors Insurance, a major medical insurance provider with distribution throughout Latin America, the Caribbean and Canada.

The combination of the two businesses creates one of the largest providers of high-end international private medical insurance globally, with 11 sales/service offices, 125,000+ members, 370 staff and 5,000+ distribution partners.

## Best Doctors Insurance

Best Doctors Insurance is the leading international health insurance company in Latin America, the Caribbean and Canada. At Best Doctors Insurance we have a clear vision: to help our members connect with the very best healthcare, with access to the best-quality hospitals and specialised centers around the world.

Best Doctors Insurance offers top-quality medical insurance plans; each carefully designed to deliver a full range of exclusive benefits and services for our members. The result?

Our members can be certain they have the best health insurance plan that will help them, not only by paying the medical expenses but also guiding them through the complexities of the health care system when they need medical care.



125,000+
Members







# Our Global Presence

Our main markets are Asia Pacific, Canada, Caribbean, Europe, Latin America and the Middle East, offering personalised customer service from our 11 offices around the globe.



## Our Awards

Our ongoing commitment to top-end products and service has won us a number of awards for international health insurance. Our award winning innovative service proposition provides you with peace of mind that we will deliver a fast, accurate service when you need it most. Digital tools such as our smartphone App also make it even simpler and quicker to submit claims or find a medical provider, creating an exceptional customer experience.

We are proud of our recognition from the worldwide medical insurance industry and continue to improve and develop our offer, to ensure we retain our position as the leading innovator in international health insurance.

## Our Insurance Partner

Our local insurance partner is AXA. AXA has 107m clients worldwide, EUR 100b in revenues and EUR 5.7b in underlying earnings\*

\* Source: www.axa.com/en/group/profile-and-key-figures/



















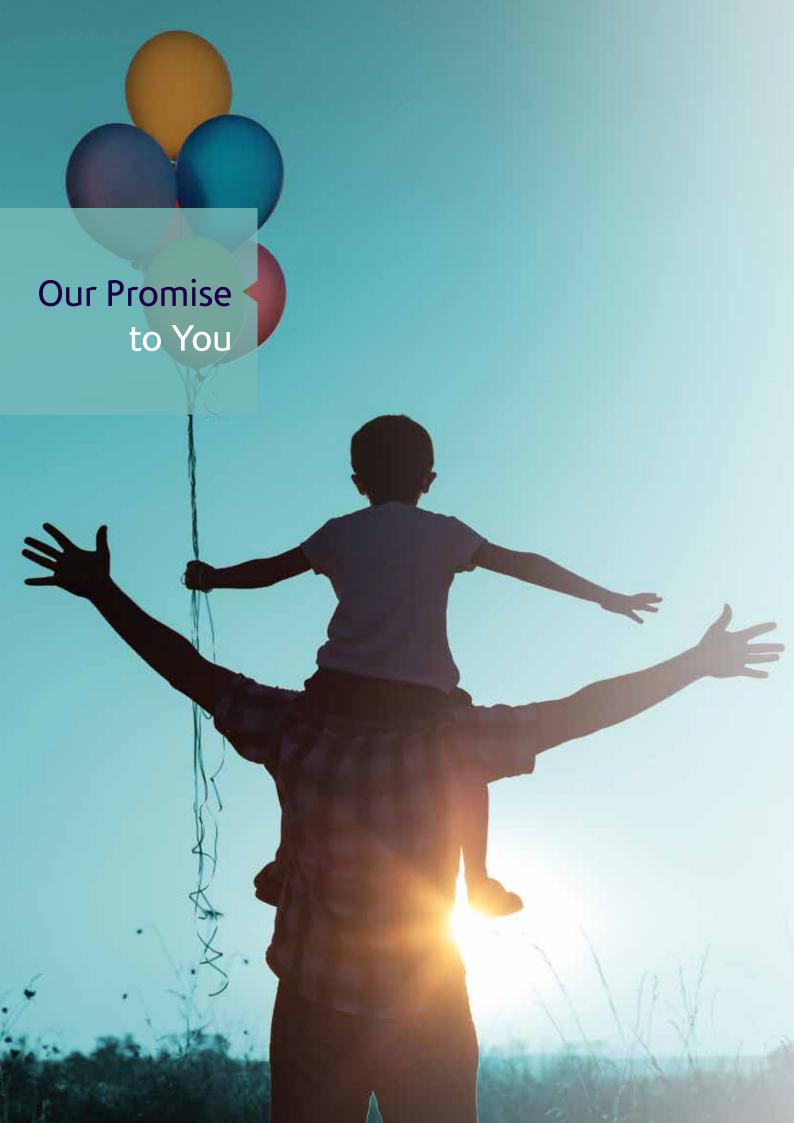












# Service Promise

Your time is precious. We understand you need to know how quickly we will handle your requests. That's why we've made six promises about how fast we can deliver key services, to provide you with peace of mind. These are:





## Fast Claims Processing

We commit to processing your claims quickly. Providing we have all the information we need, we aim to process eligible claims within five working days





## Accessing Medical Care

If you need to access medical care that needs to be pre-authorised, we will place guarantees of payment with medical providers within two working days, so you can access treatment as quickly as possible





## 24/7 Customer Service

Our 24/7 customer service teams understand your priorities and respect your time. We respond to all enquiries within one working day





## **Quick Underwriting Decisions**

When you apply for your plan, we will respond to all our underwriting-referred business within two working days, so you receive a decision as quickly as possible





### Plan documents

When you buy your plan, if you want to have printed documents, we will dispatch them to you within five working days





## Go Paper-free

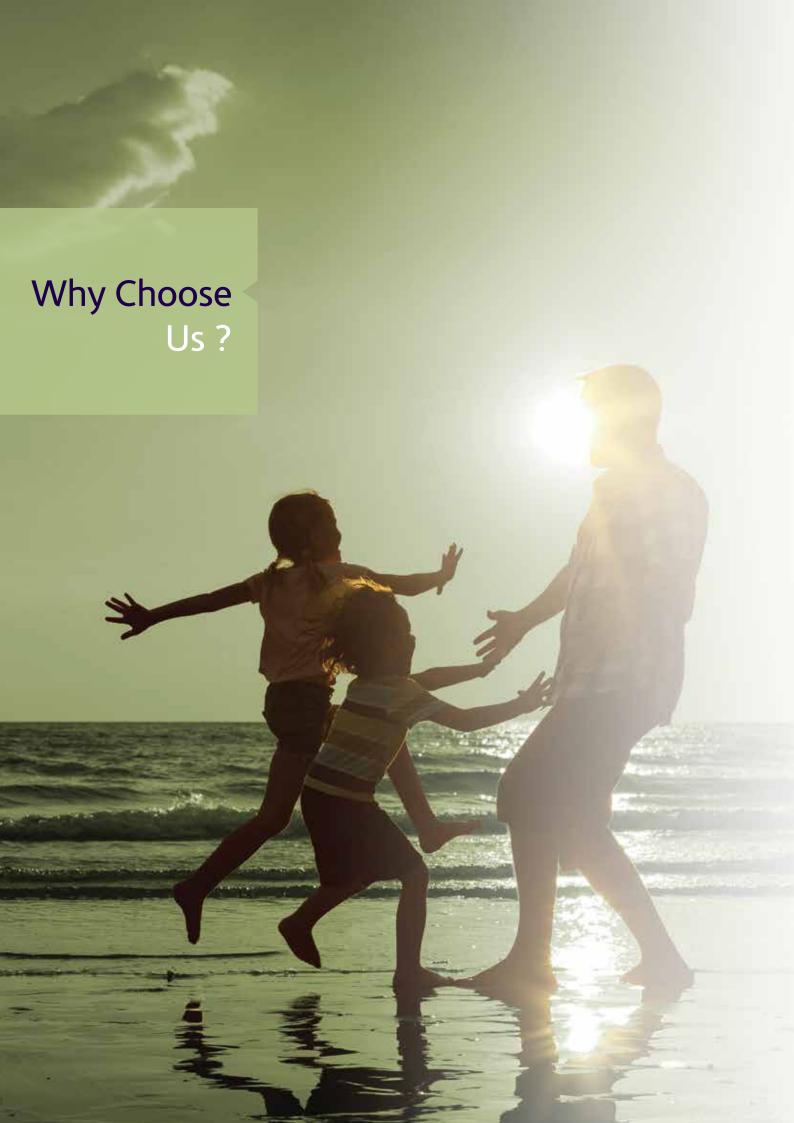
We encourage you to go paper-free and receive only a membership card. If you do, we will dispatch it within two working days

# Look what our customers say about us!

Results of our Customer Survey 2018 show that the majority of our members are happy with both our top-end benefits and great service.

Very good, good or excellent service reported by 90% of members





With us, it's easy to get immediate access to top-quality healthcare anywhere in the world.

We make it simple to choose the right cover and access the best medical care for you and your family.



## Secure

Reinsured by the financial strength of RGA, a global reinsurance leader in financial protection and the third largest reinsurer in the life and health sector worldwide, operating in 26 countries around the world, delivering expert solutions in individual group life and health reinsurance



## Fast

Our quick and simple claims process means you can use our smartphone App, website or email us all your claims for fast reimbursement



## Service Excellence

Our peerless customer experience is delivered via a unique set of service promises which set out how fast we will complete important tasks like processing claims



## Experienced

We are international health insurance experts. Our senior management team has over 200-years combined experience and >10% employees are medically trained



## Comprehensive

WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today



## Always on

You can access our customer service teams 24-hours a day, 365-days a year



#### Innovative

Our state-of-the-art website provides instant access to plan documents, management information and claims tracking information



#### Access

Our worldwide network of medical providers offers access to healthcare without you having to pay up-front



## **Transparent**

We operate an up-front approach to underwriting which means that all our members know exactly what they're covered for and what they're not



## Global

Now Health's local service offices in Asia Pacific, the Middle East, Europe and the Americas offer a truly worldwide service



#### Wellness

Our preventive care additional option means you can look after your future health too



#### No Claims Discount

If you are lucky enough not to have claimed, we give you a discount for every year you stay claim free



# Support to stay well and support when you need it

At Now Health we think it's important to support you with your overall health and wellbeing. That's why we offer a range of added value services in addition to your core plan protection, so you know we're there for you, every step of the way.



## Travel Assistance

**Why:** We know our globally mobile members frequently travel abroad, both for work and pleasure. To help provide you with the protection you need when you travel, we offer a travel assistance service.

What: With our partner Assist Amercia we offer a range of services including:

- Pre-trip information
- **⊘** Emergency prescription service if you forget your medicine while abroad
- Support for you and your family should you fall ill abroad, including care of elderly or minor children
- Early trip return in the event of an emergency
- Lost luggage assistance
- Legal and interpreter assistance

**How:** Register for this service when you buy your plan.



# **Second Medical Opinion**

**Why:** A second medical opinion can help provide reassurance, particularly for those who are uncertain about their diagnosis, have a complex condition, or are unsure about what treatment plan to choose.

**What:** Leveraging our extensive network of medical experts worldwide, we provide our members with a second medical opinion service to help ensure you get the right diagnosis and the right treatment.

Members can access this service for both acute and long term conditions, and in most cases the second medical opinion will be delivered within a matter of days.

**How:** Simply contact your local Customer Service team to use this service.

asiapacservice@now-health.com



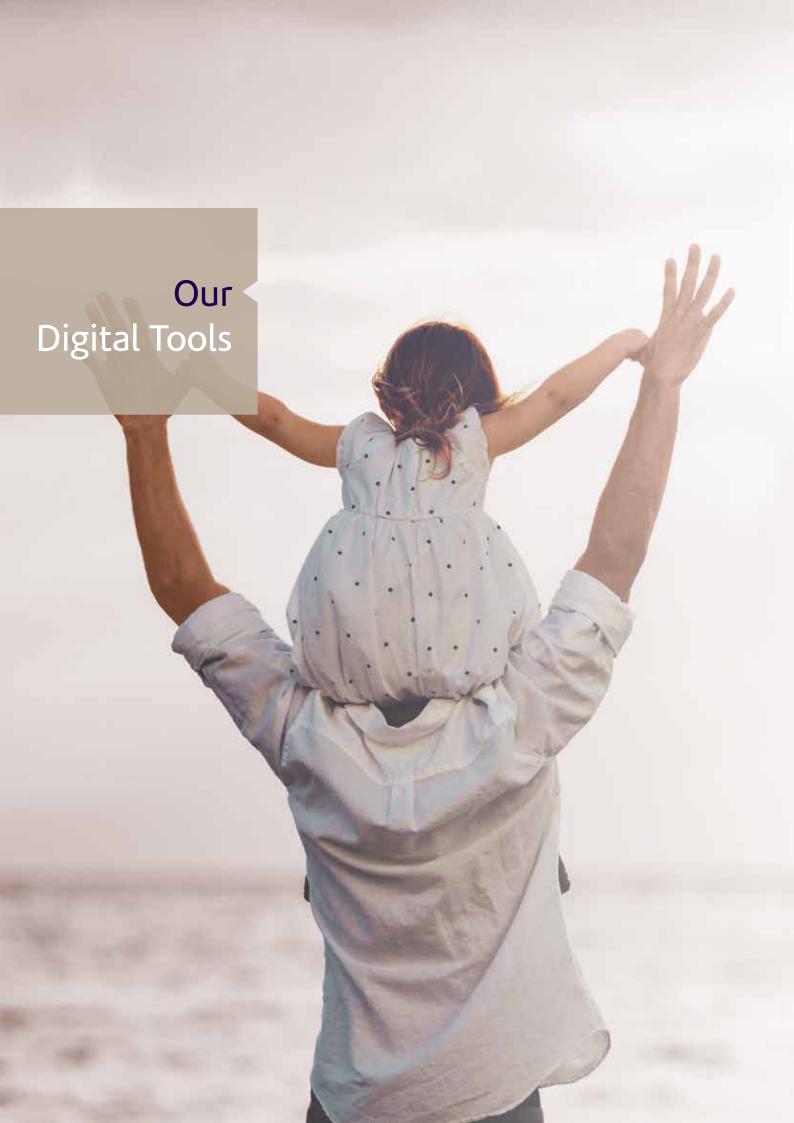
# **Global Concierge Service**

**Why:** As an international health insurance provider, we recognise that many of our members may choose to seek treatment overseas, away from their home country.

**What:** To help make this process easier for you, we provide concierge support to help you manage the process. This includes:

- Recommending where to get treatment
- Support to book medical appointments
- Appointment reminders
- Placing guarantees of payment with the hospital, including in an emergency, so you don't need to pay up front
- Support with arranging medical visas as and when required

**How:** Simply contact your local Customer Service team to use this service. asiapacservice@now-health.com



# Our Website

# Manage your plan online

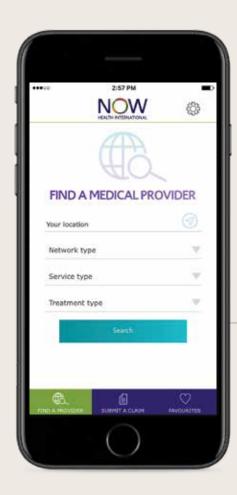
The Now Health International website is designed to make it simpler to manage your international health insurance from accessing your plan documents to tracking your claims.

Members can access their information at any time with Now Health, as all your details are stored in your secure online portfolio, which you can access 24-hours a day from anywhere in the world.

You can view and download all your plan documents including your certificate of insurance, members' handbook and any form you might need to manage your plan.

# Submit and track your claims online

You can submit and track the status of all claims you make online. As soon as we receive your claim, we will notify you by email and SMS (if you have chosen this option).





# Our Smartphone App

Our smartphone App let's you claim and find doctors at the touch of a button. You can access thousands of medical professionals worldwide and enjoy quick and easy claims handling.



When you need to use your plan, we've designed the process to be as straightforward as possible.

# When you need out-patient treatment

If you select a plan that includes out-patient treatment, you can go to any medical practitioner, pay for your treatment and claim back your expenses. You won't have to pay anything if you have access to our Out-Patient Direct Billing Network. You can find a medical provider in our network from www.now-health.com or download our smartphone App.



# When you need in-patient or day-patient treatment

If you need to be admitted to hospital for day-patient or in-patient treatment, contact us and we will place a guarantee of payment with the medical provider so you don't need to pay anything. We aim to do this within two working days of your call.



# When you need preventive care

If you select one of our wellness additional options, you will be able to access screening, optical and vaccination benefits to safeguard you and your family's future health.



# Accessing help

Our customer service teams around the world are accessible 24-hours a day, 365-days a year. This service is available to you no matter where you are in the world, no matter of what time of day it is. They are on hand to answer any question about your plan, benefits, claims or if you have an emergency and need immediate help.





If you've accessed treatment within our out-patient direct billing network or if we've placed a guarantee of payment for you, there's no need to do anything further.

If you've had to pay and claim, we will process your eligible claims within *five working days or less*.

You can track the status of all your claims in our secure online portfolio. We will email and SMS you updates as they happen.

# All out-patient claims, and all in/day-patient claims

# under USD 500 per medical condition

You can claim online using our secure online portfolio or smartphone App.

Alternatively, if you prefer an offline solution you can email, post or fax us the front of the claim form and your scanned receipts.



# All in/day-patient claims

# over USD 500 per medical condition

Complete the front of the claim form and ask your medical practitioner to complete the back of the form.

Upload it using our secure online portfolio, or email or fax it to us with your scanned receipts,

diagnostic reports and/or discharge reports.





Once you join Now Health, we send you a membership card for each person covered on your plan. Our membership cards are designed to carry clear information on what you are covered for.

We work closely with the medical providers in our network so they recognise your Now Health card. Any out-patient benefits you have selected will be clearly labelled on the card.





## 01 Direct Billing

This will indicate what kind of direct billing you are entitled to.

# 02 Product name and option

- 03 Your name
- 04 Membership number

This number is unique to each individual.

05 Start date

This is the first day of your current plan year.

06 Expiry date

This is the last day of your current plan year.

07 Out-patient excess

This is the amount you pay towards the cost of any out-patient medical treatment.

# 08 Out-patient co-insurance

This section indicates if you have selected the 10% or 20% co-insurance treatment option, which means you have to pay either 10% or 20% of any out-patient treatment. If you have not chosen this option, it will say 'Nil'.

# 09 In/day-patient deductible

This is the annual amount you pay towards the cost of any in/day-patient treatment.

## On the Card back



### 10 Online

Visit our website to login to your secure online portfolio and track your claims online.

## 11 Customer service

You can call any of these numbers if you want to talk to us about any query. Your local number is normally at the top of the list.

# 12 24-hour Emergency Assistance

If you have an emergency and need immediate help, call any of these numbers. Your local number is normally at the top of the list.

## 13 Mailing address

If you want to post your claims or write us a letter, please use this address.

**14** This is the logo of the underwriter of your plan.



WorldCare is one of the most comprehensive, benefit-rich products in the international health insurance market today. There are four levels available: Essential, Advance, Excel and Apex. This means you can select the level of cover you prefer to suit your lifestyle, from basic medical treatment, to a more comprehensive package.

WorldCare

## WorldCare Essential

is the most affordable package for people who want to be sure they can access in-patient and day-patient hospital care when they need it, while minimising their health insurance costs.

# WorldCare Advance

covers you for all-round medical care for in-patient, day-patient treatment and out-patient care including GP and specialist appointments, physiotherapy and alternative therapies.

## WorldCare Excel

covers you at higher benefit levels than Advance for in-patient, day-patient and out-patient treatment and includes routine and complex dental care.

# WorldCare Apex

is the highest level of cover.
With very high benefit limits,
it includes in-patient, day-patient, out-patient,
routine and complex dental treatment,
and routine maternity care.

You can shape the cover you want by adding the following options providing a more comprehensive package for you and your family.

See how you can take advantage of your WorldCare plan today!

- We also have a range of annual In and Day-Patient Deductibles to suit your lifestyle. Deductibles give you greater flexibility to tailor your plan to your needs – from a high deductible to reduce your premium, to a low or nil deductible if you expect to use your plan frequently.
- If you choose an optional Deductible, on WorldCare Advance, WorldCare Excel or WorldCare Apex, you must also select a Co-Insurance Out-Patient Treatment option or an Out-Patient Per Visit Excess option. On WorldCare Essential if you choose an optional Deductible and an Out-Patient Charges option, you must also select a Co-Insurance Out-Patient Treatment option.



 Select Extended Evacuation and Repatriation and select USA Elective Treatment to give you greater peace of mind if you need to travel abroad.





Add options of Wellness,
 Optical and Vaccinations,
 for added flexibility.



- You can have an **Out-Patient Per Visit Excess** of either USD 25 or USD 15 per visit to an out-patient medical practitioner.
- Choose the **Co-Insurance Out-Patient Treatment** option pay either 10% or 20% of your out-patient treatment. There is a premium discount associated with this option based on the co-insurance you have selected.



# A summary of each plan is shown below.

# WorldCare Essential

# Annual maximum up to USD 3m

- In-patient and day-patient care
- Out-patient charges
- Out-patient charges
   Option 2
- Routine & complex dental treatment
- Routine maternity care
- Annual deductible
- Co-insurance out-patient treatment (10%/20%)
- O USA elective treatment
- Extended evacuation and repatriation
- O HK hospital room restriction
- HK & PRC hospital room restriction
- O HK preferred provider network

# WorldCare Advance

# Annual maximum up to USD 3.5m

- In-patient and day-patient care
- Out-patient care
- Routine & complex dental treatment
- Routine maternity care
- Annual deductible
- Out-patient per visit excess (USD 15/USD 25)
- Co-insurance out-patient treatment (10%/20%)
- USA elective treatment
- Extended evacuation and repatriation
- Wellness, optical and vaccinations
- Wellness, optical and vaccinations Option 2
- O HK hospital room restriction
- O HK & PRC hospital room restriction
- O HK preferred provider network

# WorldCare Excel

## Annual maximum up to

## USD 4m

- In-patient and day-patient care
- Out-patient care
- Routine & complex dental treatment
- Routine maternity care
- Annual deductible
- Out-patient per visit excess (USD 15/USD 25)
- Co-insurance out-patient treatment (10%/20%)
- O USA elective treatment
- Extended evacuation and repatriation
- Wellness, optical and vaccinations
- Wellness, optical and vaccinations Option 2
- HK hospital room restriction
- O HK & PRC hospital room restriction
- O HK preferred provider network

# WorldCare Apex

# Annual maximum up to USD 4.5m

- In-patient and day-patient care
- Out-patient care
- Routine & complex dental treatment
- Routine maternity care
- Annual deductible
- Out-patient per visit excess (USD 15/USD 25)
- Co-insurance out-patient treatment (10%/20%)
- USA elective treatment
- Extended evacuation and repatriation
- Wellness, optical and vaccinations
- Wellness, optical and vaccinations Option 2
- O HK hospital room restriction
- O HK & PRC hospital room restriction
- O HK preferred provider network







# WorldCare Benefit Schedule

Be	enefit	Essential	<b>A</b>	dvance		Excel		Apex
Anr	nual Maximum Plan Limit	USD 3m		USD 3.5m		USD 4m		USD 4.5m
	Maintenance of Chronic Medical Conditions  Hospital Charges, Medical Practitioner and Specialist Fees (i) Hospital charges for in-patient and day-patient treatment (ii) Related ancillary charges	Not covered  (i) Full refund  (ii) Up to USD 1,500 per medical condition			>	Full refund  (i) Full refund  (ii) Up to USD 2,000 per medical condition	<ul><li></li></ul>	Full refund  (i) Full refund  (ii) Up to USD 2,500 per medical condition
3.	Diagnostic Procedures	Full refund	Full refu			Full refund	•	Full refund
4.	Emergency Ambulance Transportation	Full refund	Full refu			Full refund		Full refund
5. 6.	Parent Accommodation  Renal Failure and Renal Dialysis  (i) Treatment of renal failure, including renal dialysis on an in-patient basis  (ii) Treatment of renal failure, including renal dialysis on an a day-patient or out-patient basis	Full refund  (i) Full refund for in-patient pre and post-operative care  (ii) Not covered	Full refu		•	Full refund  (i) Full refund  (ii) Up to USD 100,000	•	Full refund (i) Full refund (ii) Up to USD 100,000
7.	Organ Transplant (i) Treatment (ii) Donor medical costs	(i) Full refund (ii) Up to USD 50,000	(i) Full r	efund USD 50,000	•	(ii) Full refund (iii) Up to USD 50,000	•	(i) Full refund (ii) Up to USD 50,000
8.	Cancer Treatment	Full refund	Full refu	nd		Full refund		Full refund
9.	Pregnancy and Childbirth Medical Conditions	> Full refund	Full refu	nd		Full refund		Full refund
10.	New Born Cover	> Up to USD 100,000	Up to US	SD 100,000		Up to USD 125,000		Up to USD 150,000
11.	Hospital Accommodation for New Born Accompanying their Mother	Full refund	Full refu	nd		Full refund	•	Full refund
12.	Congenital Disorder	Up to USD 100,000	Up to US	SD 100,000		Up to USD 125,000		Up to USD 150,000
13.	Reconstructive Surgery	Full refund	Full refu	nd		Full refund		Full refund
14.	Rehabilitation	Full refund for eligible In-patient Treatment only up to 30 days per medical condition		nd for up to 180 days ical condition		Full refund		Full refund
15.	In-Patient Emergency Dental Treatment	Full refund	Full refu	nd		Full refund		Full refund
16.	In-Patient Psychiatric Treatment	Full refund for up to 30 days	Full refu	nd for up to 30 days		Full refund for up to 30 days		Full refund for up to 30 days
17.	Terminal Illness	In-patient and Day-patient treatment up to USD 50,000 lifetime limit	Up to US	5D 50,000 lifetime limit		Up to USD 75,000 lifetime limit		Up to USD 100,000 lifetime limit
18.	Emergency Non-Elective Treatment USA Cover	Full refund for accident requiring in-patient or day-patient care  Illness: in-patient and day-patient care up to USD 25,000  Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500	in-patier Illness: ir care up t Out-Pati	nd for accident requiring t or day-patient care -patient and day-patient o USD 25,000 ent Treatment in an Accident rgency Department in a D 500	t	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 35,000 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500	t	Full refund for accident requiring in-patient or day-patient care Illness: in-patient and day-patient care up to USD 50,000 Out-Patient Treatment in an Accident and Emergency Department in a hospital up to USD 500
19.	Evacuation and Repatriation  Evacuation (i) Transportation costs (ii) Reasonable local travel costs to and from medical appointments (iii) Reasonable travel costs for a locally-accompanying person (iv) Non-hospital accommodation costs  Repatriation to country of residence or nationality following treatment	ii) Full refund iii) Full refund iiii) Full refund iv) Up to USD 200 per day, up to USD 7,500 per person, per evacuation Full refund	up to	efund efund o USD 200 per day, o USD 7,500 per person, vacuation		(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 200 per day, up to USD 7,500 per person, per evacuation Full refund	<b>&gt; &gt; &gt; &gt;</b>	(i) Full refund (ii) Full refund (iii) Full refund (iv) Up to USD 300 per day, up to USD 10,000 per person, per evacuation Full refund
20.	Mortal Remains  (i) Transportation of body or ashes of insured person to country of residence or country of nationality  (ii) Burial or cremation costs at the place of death	(i) Full refund (ii) Up to USD 10,000	(i) Full re	fund b USD 10,000		(i) Full refund (ii) Up to USD 15,000	•	(i) Full refund (ii) Up to USD 20,000
21.	Hospital Cash Benefit	USD 125 per night	USD 175	per night		USD 225 per night		USD 275 per night
22.	<b>Out-Patient Charges</b> Medical practitioner fees	Pre-operative consultations within 15 days from the admission and post hospitalisation consultation within 30 days following discharg from hospital up to maximum USD 2,000 per medical condition		nd		Full refund		Full refund
23.	Day-Patient and Out-Patient Surgery	Full refund	Full refu	nd	•	Full refund	•	Full refund
	Out-Patient Psychiatric Illness	Not covered		SD 2,500		Up to USD 5,000		Up to USD 7,500

Be	enefit	Essential		Advance		Excel		Apex
25.	Out-Patient Physiotherapy and Alternative Therapies (i) Physiotherapy by a registered physiotherapist, when referred by a medical practitioner, or specialist. (ii) Complementary medicine and treatment by a therapist, when referred by a medical practitioner or specialist. This benefit extends to osteopaths, chiropractors, homeopaths, dietician and acupuncture treatment but excludes physiotherapist covered in (i). (iii) Out-patient treatment for therapies administered by a recognised traditional Chinese medical practitioner or an ayurvedic medical practitioner. We do not cover charges for general chiropody or podiatry.	ii) Up to 5 sessions within 30 days after hospitalisation iii) Not covered iii) Not covered	(ii) ar	ull refund o to a maximum 30 sessions od (iii) Full refund o to a maximum of 30 visits	>	(i) Full refund (ii) and (iii) Full refund	<b>&gt;</b>	(i) Full refund (ii) and (iii) Full refund
26.	Nursing Care at Home (i) Care given by a qualified nurse (ii) Emergency out-of-hours medical practitioner (GP) home visits	i) Up to USD 100 per day, up to 30 days per medical condition  ii) Not covered	ре	all refund up to 45 days or medical condition ot covered		(i) Full refund up to 60 days per medical condition (ii) Not covered	•	(i) Full refund up to 120 days per medical condition
27.	AIDS  Cover only available after three years of continuous membership	In-patient and day-patient treatment only up to USD 25,000	Up to	USD 25,000	•	Up to USD 40,000	•	Up to USD 50,000
28.	<b>Maternity</b> Costs incurred within 12 months of plan start date are excluded	Not covered	Not c	overed	•	Not covered	•	Up to USD 17,500
29.	Dental Care (i) Routine dental treatment (ii) Complex dental treatment  Costs incurred within nine months of plan start date are excluded. A co-insurance of 20% applies. Orthodontics subject to 50% co-insurance.	➤ (i) Not covered  ➤ (ii) Not covered		ot covered ot covered	•	(i) Up to USD 1,000 (ii) Up to USD 2,000		(i) Up to USD 1,500 (ii) Up to USD 3,000
Add	litional options							
30.	USA Elective Treatment	Optional Up to USD 1.5m	Optio Up to	nal USD 1.5m	•	Optional Up to USD 1.5m	•	Optional Up to USD 1.5m
31.	Co-Insurance Out-Patient Treatment (i) 10% Co-Insurance Out-Patient Treatment (ii) 20% Co-Insurance Out-Patient Treatment	(i) Optional (ii) Optional		otional otional	>	(i) Optional (ii) Optional	•	(i) Optional (ii) Optional
32.	Out-Patient Charges This additional option replaces benefit 22 (i) Medical practitioner fees (ii) a. Physiotherapy b. Treatment by Therapist c. Treatment for therapies by traditional Chinese Medical Practitioner/Ayurvedic Medical Practitioner. We do not cover charges for general chiropody or podiatry.	Optional  (i) Up to USD 4,500  (ii) Full refund up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25	Alrea	ady covered		Already covered		Already covered
33.	Out-Patient Charges – Option 2 This additional option replaces benefit 22 (i) Medical practitioner fees and maintenance of chronic conditions (iii) a. Physiotherapy b. Treatment by Therapist c. Treatment for therapies by traditional Chinese Medical Practitioner/Ayurvedic Medical Practitioner. We do not cover charges for general chiropody or podiatry.	Optional  (i) Up to USD 4,500  (ii) Full refund  up to 10 sessions Physiotherapy is limited to 10 sessions and not in addition to Benefit 25	Alrea	ady covered		Already covered		Already covered
34.	Wellness, Optical and Vaccinations	Not covered	cover	oined limit up to USD 500 r available after 6 months ntinuous membership		Combined limit up to USD 500 cover available after 6 months of continuous membership		Combined limit up to USD 500 cover available after 6 months of continuous membership
35.	Wellness, Optical and Vaccinations - Option 2	Not covered	cover	oined limit up to USD 1,000 r available after 6 months ntinuous membership		Combined limit up to USD 1,000 cover available after 6 months of continuous membership		Combined limit up to USD 1,00 cover available after 6 months of continuous membership
36.	HK hospital room restriction	Optional	Optio	onal		Optional	•	Optional
37.	HK & PRC hospital room restriction	Optional	Optio	onal		Optional		Optional
38.	HK Preferred Provider Network	Optional	Optio	nal		Optional		Optional
39.	Extended Evacuation and Repatriation	Optional	Optio	onal		Optional		Optional
Dec	luctible Options							
Star	dard Deductible	Nil		Nil		Nil		Nil
Opti	onal Deductibles	USD 1,000		USD 1,000		USD 1,000		USD 1,000
		USD 2,500		USD 2,500		USD 2,500		USD 2,500
		USD 5,000		USD 5,000		USD 5,000		USD 5,000
		USD 10,000		USD 10,000		USD 10,000		USD 10,000
	Patient Per Visit Excess	USD 15,000  Not covered		USD 15,000 anal USD 25		USD 15,000 Optional USD 25		USD 15,000 Optional USD 25

Full refund Not covered Subject to limits Optional



There are some limitations that apply in addition to any personal exclusion we may detail in your Certificate of Insurance. These include treatments that may be considered a matter of personal choice (such as cosmetic treatment) and other treatments that are excluded from cover to keep premiums at an affordable level. For a full description, please refer to the members' handbook.

- Act of terrorism, war and illegal acts
- 2 Administrative and shipping fees
- 3 Alcohol and drug abuse
- 4 Allergy Testing
- 5 Chemical exposure
- 6 Cosmetic treatment
- 7 Contamination
- 8 Chronic conditions (Essential plan only)
- 9 Coma or Vegetative State
- 10 Deductible, out-patient per visit excess or co-insurance
- 11 Dental care– unless this additional option has been chosen
- 12 Developmental disorders
- 13 Dietary supplements, vitamins or minerals and cosmetic products
- 14 Eating disorders
- 15 Experimental treatment and drugs
- Eyesight tests or vision correction, hearing tests, hearing or visual aids
   except as stated in the benefit schedule
- 17 External appliance and/or prosthesis
- 18 Failure to follow medical advice
- 19 Foetal surgery
- 20 Genetic testing

- 21 Hazardous sports and pursuits
- 22 HIV, AIDS or sexually transmitted disease except as stated in the benefit schedule
- 23 Hormone Replacement Therapy

   unless caused due to medical intervention
- 24 Morbid obesity
- 25 Nursing homes, convalescence homes, health hydros and nature cure clinics
- 26 Pregnancy or maternity– unless this option has been chosen or included within the core benefits of the plan
- 27 Pre-existing Medical Conditions– unless agreed by us in writing
- 28 Professional sports
- 29 Reproductive medicine
- 30 Routine examinations, health screening except as stated in the benefit schedule
- 31 Second opinions
  - unless agreed by us in writing as part of the added value Interconsultation® service
- 32 Self-inflicted injuries or attempted suicide
- 33 Sexual problems and gender re-assignment
- 34 Sleep disorders
- 35 Travel/accommodation costs
   except those pre-authorised by us
- 36 Travelling against medical advice
- 37 Treatment by a family member
- 38 Treatment charges outside of our reasonable and customary range



It's quick and easy to join us.

If you're looking for a simple and accessible approach to international health insurance, visit www.now-health.com or ask your intermediary for more information.



Intermediary details

#### UAE

#### Now Health International





#### China

Asia-Pacific Property & Casualty Insurance Co., Ltd.
c/o Now Health International (Shanghai) Limited
Room 1103–1105, 11/F, BM Tower
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Hongkou District, Shanghai 200080, China
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### Singapore

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